Experience
Casey Park
Orebed
A bad day of fishing is better than a good day at work!

Tobin Trail
Ribbon Cutting
April 25th at 10:15am

DAY CAMP
The BEST week of the year!

Register Online for
BASEBALL,
SOFTBALL &
MORE GREAT PROGRAMS!

Town of Ontario
Parks & Recreation
Spring 2020

6551 Knickerbocker Rd. 315.524.7447 & 315.524.7020 www.ontariotown.org
CASEY PARK

Located at 6551 Knickerbocker Road, this 93-acre park is a diversity of passive and active recreational opportunities. Visitors can see a multitude of wildlife such as deer, squirrels, and other woodland creatures while enjoying the tree covered walking trail as well as the hiking trail. Both the hiking and walking trails overlook a 100 year old iron ore bed which can be used for boating (no motors permitted). Casey Park is also home to the offices of the Parks & Recreation Department, the Ontario Community Center and the Economic Development Department.

General Information

- Park Hours:
  7:00 am - 9:00 pm

ALCOHOLIC BEVERAGES ARE NOT PERMITTED IN ANY TOWN PARK

Open Air Pavilions

- 2 open air pavilions
- 6 ball fields
- Hiking and walking trails
- Enclosed lodge
- Boat rental (canoe & paddle) seasonal
- Sand beach
- Water spray animals
- Fishing
- Playground
- Biking trails
- Restrooms

OWL

Ontario Wildlife Lookout is located southwest of the Butler open air pavilion in Casey Park. The OWL was built in 2018 through Ryan Hemstreet as part of his eagle scout project. The Owl is large enough for three or four individuals to quietly observe all the nature that Casey Park has to offer.

THOMPSON PARK

Thompson Park is located on Lake Road between Knickerbocker Road & Furnace Road. This six acre park straddles the mouth of Bear Creek. In 2002, an old bridge spanning Bear Creek was replaced by a modern arched bridge with a pedestrian walkway on the north side.

The park attracts waterfowl and shorebirds, including migratory species, making this a great location for bird watching. Many area residents and their children use this park to fish and enjoy all the beauty of Lake Ontario.

Bear Creek Harbor is located within Thompson Park. Bear Creek Harbor has a concrete boat launch that gives boaters direct access to Lake Ontario via Bear Creek. A permit is required to use the boat launch.

Launching Permits are required to launch any vessel. Seasonal and day passes are available. Please contact the Parks and Recreation office for more details.

MEMORIAL POINT

At BEAR CREEK HARBOR

Memorial Point at Bear Creek Harbor is dedicated to all who perished while serving their country in the United States of America Armed Forces.

This memorial will serve as a timeless reminder of the ultimate sacrifice that these individuals gave in defense of our nation and to the broader cause of peace and freedom from tyranny throughout the World.
SPRING 2020 PROGRAM OFFERINGS

Presented by the Town of Ontario Parks & Recreation Department
For more information call: 315-524-7447
www.ontariotown.org/parks&_recreation.htm
Office Hours: Monday - Friday, 8:00am - 4:00pm
Drop Box 7:00am - 9:00pm

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ONTARIO COMMUNITY CENTER
The Community Center offers healthy lifestyle options for area residents of all ages. The main building houses a fitness center, classrooms, locker rooms and offices. The facility also includes a 12,800 sq. ft. indoor turf arena, an 8,500 sq. ft. gymnasium, and an indoor walking track. Memberships are available. Get the latest info on new programs and promotions in the monthly newsletter.

Community Center Hours:
Monday - Thursday: 7:00 am - 9:00 pm
Friday: 7:00 am - 7:00 pm
Saturday: 9:00 am - 4:00 pm
Sunday: 9:00 am - 2:00 pm

REGISTRATION POLICY
ALL PROGRAMS, unless otherwise stated, will register as follows: All registration will be done either by mail, online, drop box or in person at the Parks & Recreation Building or the Ontario Community Center. The drop box, program announcements and registration forms are located on the front entrance of the Parks and Recreation Building. The drop box will be emptied at 9:00 am, Noon, and 3:00 pm each day of a registration period.

WAYNE CENTRAL SCHOOL OWNED/OPERATED FACILITIES
For programs conducted at facilities and/or operated by Wayne Central School District, the non-registration criteria shall be as follows:

1) The first period of registration shall be limited to residents of the Town of Ontario and Wayne Central School District.

2) The second period of registration shall be open to residents and residents outside the District of Wayne Central.

ONTARIO PARKS & RECREATION ADVISORY BOARD
Annette Eaton
Mary Hughson
Robert Kelsch
Jackie Stauring-Robusto
Lee Stramonine
Coralie TeWinkle

ONTARIO PARKS & RECREATION STAFF
William I. Riddell ............. Parks and Recreation Director
Kimberly Millard ............. Assistant Recreation Director
Jeremy Peets ................. Recreation Maintenance Worker
Ben Aman ..................... Recreation Leader
Raymond Sanger ........... Groundskeeper
Ella Cobb ..................... Senior Site Manager
KINDER KICKS SOCCER
Come and play with your child in a non-threatening environment as they learn organized sports. This six week class offers exercises that become increasingly difficult as the children show improvement. What a great way to spend time with your child one-on-one as they learn new skills!

AGES: 2.5 - 5 years old
(Not yet in Kindergarten and has ability to use the facilities)

WHEN: Fridays
DATES: S1: March 13 - April 24; No class April 10
S2: May 1 - June 5
TIME: 10:30 am - 12:00 pm
WHERE: Community Center Turf
FEE: $30.00 per session

COMES EXPLORE WITH ME
Share in the fun as your child explores the world that surrounds them. Every day is a new discovery as your child climbs, plays, and learns new songs and games. It’s a great first socialization experience for children and fun for mom or dad, too. Grandparents and caregivers welcome!

AGES: 18 months - 4 years old
WHEN: Fridays
DATES: S1: March 13 - April 24; No class April 10
S2: May 1 - June 5
TIME: 9:00 - 10:00 am
WHERE: Community Center Constellation Room
FEE: $30.00 per session

PRE-SCHOOL PLAYDAYS
Emphasis is on those activities and games that appeal to “older” pre-schoolers. By engaging in crafts, stories and physical activity, children learn group dynamics through self exploration as they get ready to move onto Kindergarten.

AGES: 2.5 - 5 years old
(Not yet in Kindergarten and has ability to use the facilities)

WHEN: Fridays
DATES: S1: March 13 - April 24; No class April 10
S2: May 1 - June 5
TIME: 10:30 am - 12:00 pm
WHERE: Community Center Turf
FEE: $30.00 per session

PRE-SCHOOL DAY CAMP
Start preparing your child for Kindergarten while enjoying the fun and games of day camp. Each participant will learn games, create arts & crafts, sing songs, listen to stories and enjoy some special activities.

Please bring snack, water bottle, bathing suit and a towel in a back pack.

AGES: 3 - 5 years old
(Not yet in Kindergarten and has ability to use the facilities)

WHEN: Monday - Thursday
TIME: 9:00 am - Noon
WHERE: Ontario Community Center
FEE: $45.00 per session

Pee Wees Golf
Pee Wees balance and hand-eye coordination get a fun to watch “workout” as they learn to hit golf balls of various sizes with clubs of various sizes. Special games and drills will help them think, learn to pay attention, wait their turn and give it their best shot. You bring the little golfer, we’ll provide the PGA instructors (and clubs too)!

AGES: 3 - 6 years old
WHEN: Saturdays, April 25 - May 23; No class May 16
TIME: 11:00 - 11:45 am
WHERE: Week 1: Ontario Community Center Turf
Weeks 2 - 4: Indoors on the Turf or Outdoors at the Ontario Country Club
FEE: $35.00
* Weather Permitting

TINY TOTS RIDING LESSONS
Horse riding is a wonderful way to get exercise while enjoying the outdoors. Lessons cover basic riding techniques and horsemanship skills. A great introduction to horseback riding. Helmets are provided.

AGES: 2 - 5 years old
AVAILABLE DATES: Saturdays (Select a class date)
March 7, 14, April 4, 11, May 16, 30, June 6 & 13
TIME: 8:30 - 9:00 am
WHERE: Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth
FEE: $25.00 each class

* Weather Permitting

FRIDAY NIGHT PLAY AT THE CENTER
Start the weekend off with a bounce! Once a month we’ll set up the inflatable obstacle course in the gymnasium. Bring the kids and let them get out all their energy bouncing, diving, climbing and sliding. They’ll have a blast! No pre-registration required.

AGES: 3 and up, Parents must stay in the gym with children under 6
WHEN: Friday; March 6, April 3, May 1
TIME: 5:30 - 8:00 pm
WHERE: Community Center Gymnasium
FEE: $5.00; Free to members
TODDLER TUMBLING
This is a great class for your toddler to develop stronger muscles, agility, balance and general motor skills. By jumping, rolling, crawling and balancing, your child will not only have a blast, but get the exercise their body needs along with learning new skills! (A skilled teacher and assistant will be in the room.)

AGES: 3 & 4 years old
WHEN: Mondays, March 23 - April 27
TIME: 7:00 - 7:45 pm
WHERE: Strike It Up Artistic Center
2045 Route 104, Ontario
FEE: $35.00

BOUNCERS BASKETBALL
Learn the fundamentals of basketball in a fun environment. Boys & Girls will have fun learning how to dribble, pass and shoot a basketball. It is important that children learn the fundamentals early so they do not start bad habits. This program fills up quickly.

AGES: 5 - 7 years old
WHEN: Thursdays, April 16 - May 21
TIME: 4:30 - 5:15 pm
WHERE: Ontario Community Center Gymnasium
FEE: $44.00
$38.00 with member discount

6-8 TAP/JAZZ/BALLET
Whether your child has danced before or would like to try something new, this Tap/Jazz/Ballet combo class will touch upon stretching coordination, exercise and basic dance movement in those three styles of dance. This is a great way to expose your son or daughter to the art of dance. Shoes are required for this class. Some shoes may be available to borrow on a first come basis.

AGES: 5 - 7 years old
WHEN: Tuesdays, March 24 - April 28
TIME: 5:45 - 7:00 pm
WHERE: Strike It Up Artistic Center
2045 Route 104, Ontario
FEE: $50.00

TINY TIGERS
Let us teach you the basics in karate, self defense and stranger danger in a fun, non-threatening environment. Children will learn how to kick, punch and fall down without getting hurt.

AGES: 4 - 7 years old
WHEN: Monday & Wednesday
TIME: 4:30 - 5:00 pm

DATES: Monthly sessions:
March, April, May, June
WHERE: Kuk Sool Won Studio on Route 104
located next to Bill Gray’s
FEE: $45.00 for one day; $70.00 for both days

DRIBBLERS BASKETBALL
Learn the fundamentals of basketball in a fun environment. Boys & Girls will have fun learning how to dribble, pass and shoot a basketball. It is important that children learn the fundamentals early so they do not start bad habits. This program fills up quickly.

AGES: 8 - 11 years old
WHEN: Thursdays, April 16 - May 21
TIME: 5:15 - 6:00 pm
WHERE: Ontario Community Center Gymnasium
FEE: $44.00
$38.00 with member discount

4-6 TAP/BALLET
If your child likes to bop around when they hear music they might like to try a dance class. In this class they will learn the beginning skills for tap and ballet in a fun and positive environment, developing their listening, following and motor skills in a structured way. They will need to wear a leotard. Tap and ballet shoes are also required. Some shoes may be available to borrow on a first come basis.

AGES: 4 - 6 years old
WHEN: Fridays, March 27 - May 8
TIME: 5:00 - 6:00 pm
WHERE: Strike It Up Artistic Center
2045 Route 104, Ontario
FEE: $45.00

MINI HORSE CAMP
Learn to groom and care for a horse, what is necessary to keep a horse healthy during a visit from a local vet, and also how to ride through daily riding instruction. Make the most of your Spring Break with the horse experts at Hillrise Equestrian!

WHO: Grades 1 - 8
WHEN: Monday - Friday; April 6 - 10
WHERE: Hillrise Equestrian Center, 1624 Penfield Walworth Road, Walworth
TIME: 10:00 am - 12:00 pm or 1:00 pm - 3:00 pm
FEE: $175.00
YOUTH PROGRAMS

Play Ball!

Coaches Needed
Ontario Parks & Recreation is looking for positive people to be our youth sports coaches.

If you want to make a positive contribution to your community, why not start with our kids? We guarantee that you will get as much out of it as the kids do. Call 524-7020 for more information.

BASEBALL

<table>
<thead>
<tr>
<th>AGE</th>
<th>LEAGUE</th>
<th>DAYS</th>
<th>FEE</th>
</tr>
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<tbody>
<tr>
<td>5-6</td>
<td>Co-ed T-Ball</td>
<td>Saturdays</td>
<td>$45.00</td>
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<tr>
<td>7-8</td>
<td>Boys Baseball: T-Shirt</td>
<td>Tu. &amp; Th.</td>
<td>$45.00</td>
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<tr>
<td>9-10</td>
<td>Minors</td>
<td>Tu., Th. &amp; Sat.</td>
<td>$69.00</td>
</tr>
<tr>
<td>11-12</td>
<td>Majors</td>
<td>Mon., Wed., &amp; Sat.</td>
<td>$69.00</td>
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** 9-12 year olds have been combined last two years due to low registration.

An additional $12.00 Non-Resident Fee Applies to all Baseball/Softball Programs

Full uniforms, including pants, shirts and hats for Minors, Majors, Twilight and Juniors. Boys and girls T-Shirt and Co-ed T-Ball players will receive a t-shirt and hat.

REGISTRATION DEADLINE
March 27, 2020
$10.00 Late Fee will apply after Friday, March 27, 2020
*Resident = Wayne Central School District

**MUST BE OF AGE BY May 1, 2020**

PROOF OF BIRTH IS NEEDED FOR FIRST TIME PARTICIPANTS AT TIME OF REGISTRATION

SOFTBALL

<table>
<thead>
<tr>
<th>AGE</th>
<th>LEAGUE</th>
<th>DAYS</th>
<th>FEE</th>
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<tbody>
<tr>
<td>7-8</td>
<td>Girls Softball: T-Shirt</td>
<td>Tu. &amp; Th.</td>
<td>$45.00</td>
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<tr>
<td>9-10</td>
<td>Twilight</td>
<td>Mon., Wed., &amp; Sat.</td>
<td>$69.00</td>
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<tr>
<td>11-12</td>
<td>Juniors</td>
<td>Mon., Wed., &amp; Sat.</td>
<td>$69.00</td>
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**MUST BE OF AGE BY May 1, 2020**

SPRING BREAK CAMP
There’s no school so let’s hang out with your friends and play! Join us at the Community Center for a wide variety of games, sports, arts & crafts, and other activities for your week off in April. If the weather’s nice, we will use the playgrounds and go for a walk along the trail. We will provide lunch on Wednesday, bag lunches are needed for Monday, Tuesday & Thursday. Sign up soon so you can save your spot! Register by Wednesday, April 1

<table>
<thead>
<tr>
<th>GRADES:</th>
<th>K - 6</th>
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<tbody>
<tr>
<td>WHEN:</td>
<td>Monday - Thursday, April 6 - 9</td>
</tr>
<tr>
<td>TIME:</td>
<td>9:00 am - 3:00 pm</td>
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<tr>
<td>WHERE:</td>
<td>Ontario Community Center Turf Arena</td>
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<tr>
<td>FEE:</td>
<td>$79.00 for the week; $59.00 with Family Membership Discount $25.00 per day</td>
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www.ontariotown.org
**HORSE RIDING LESSONS AT HILLRISE**

Horse riding is a wonderful way to get exercise while enjoying the outdoors. Lessons cover basic riding techniques and horsemanship skills. Students need to wear pants and a boot or shoe with 1/2” heel. Helmets are provided.

**AGES:** 6 - 18 years old

**WHEN:**
- Mondays: March 9 - 30
- or May 4 - 25
- or June 1 - 22
- Thursdays: March 5 - 26
- or April 2 - 30; **No class April 9**
- or May 7 - 28
- or June 4 - 25

**TIME:**
- Mondays: 6:00 - 7:00 pm
- Thursdays: 5:00 - 6:00 pm or 6:00 - 7:00 pm

**WHERE:** Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth

**FEE:** $140.00 per session

*Indoor ring available in case of inclement weather.*

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**HILLRISE EQUESTRIAN AFTER SCHOOL CLUB**

This isn't your typical after school club. Members will learn hands on how to handle, care for, groom, tack up and ride the well trained horses and ponies. It’s the perfect experience for those interested in horses, riding or animal care. Participants will also enjoy crafts and games throughout the afternoon. Please bring a healthy snack with you each day.

**WHO:** Boys and Girls; Grades 1 - 8

**WHEN:** Thursdays

**DATES:**
- March 5 - 26
- or April 2 - 30; **No class April 9**
- or May 7 - 28

**Session I:**
- 4:00 - 5:30 pm

**Session II:**
- 4:00 - 6:00 pm

**WHERE:** Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth

**Session I FEE:** $140.00

**Session II FEE:** $160.00

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**ZUMBA KIDS**

Zumba Kids is a specially designed class for children to encourage the development of a healthy lifestyle and incorporate fitness as a part of their lives through dance and exercise. Games and a prize box after every class.

**WHO:** Boys & Girls;
Ages 6 - 12 years old

**TIME:** 6:00 - 6:45 pm

**WHEN:** Tuesdays

**DATES:**
- Session 1: March 17 - April 28; **No Class 4/07**
- Session 2: May 12 - June 16

**WHERE:** Community Center Group Ex

**FEE:** $35.00
$30.00 with member discount
SUMMER DAY CAMP

Day Camp is a place where children can interact with each other under the caring eye of our summer day camp staff. Our campers will have an opportunity to swim, canoe, participate in outdoor activities, weekly field trips and use their skills to create arts and crafts. Because the children participate in outdoor games SNEAKERS MUST be worn. We swim everyday weather permitting, please pack bathing suits and towels. Our Summer Day Camp is inspected by the New York State Department of Health. We guarantee everyone will have a good time. Children MUST bring a lunch and a drink (unless otherwise noted). Please label all items your child brings to day camp. This will cut down on lost items.

NOTE: ***Upon registration, a Health Form (which includes vaccination records) MUST be filled out in order for the child to participate. Forms available online.***

K - 3rd Grade Summer Day Camp
(Grade currently in)
Casey Park Pavilion 1

4th - 6th Grade Summer Day Camp
(Grade currently in)
Casey Park Butler Pavilion

FEE: (Field trips not included). Permission slips will be available in the office once trip fees have been finalized. Slips must be returned with payment no later than 9:00am Wednesday in order for your child to participate. In the event your child does not attend the trip, there will be NO camp at the park that day.)

1st Child:
Wayne Central Resident: $99.00
Non-Resident: $115.00

Additional Child(ren):
Wayne Central Resident: $89.00
Non-Resident: $100.00

Special Rate for Wayne Central Residents:
Only $495.00 for all 6 weeks

Special Rate for Non-Residents:
Only $575.00 for all 6 weeks

TIME: 9:00 am - 3:00 pm

WRAP AROUND CARE:
Before Care (7:30 - 8:50 am)
After Care (3:15 - 5:00 pm)
Available at an additional charge of $8.00/day. If you choose to take advantage of both the before and after care, the fee is $15.00/day. Prior registration is required in order to utilize this program so we are able to anticipate our staffing needs.

DATES:

<table>
<thead>
<tr>
<th>Session 1:</th>
<th>Session 2:</th>
<th>Session 3:</th>
<th>Session 4:</th>
<th>Session 5:</th>
<th>Session 6:</th>
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<tr>
<td>July 6 - 10</td>
<td>July 13 - 17</td>
<td>July 20 - 24</td>
<td>July 27 - 31</td>
<td>Aug. 3 - 7</td>
<td>Aug. 10 - 14</td>
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1/2 DAY RECESS

Wondering what to do with the kids on an afternoon they’re off from school? We have you covered! The school buses will transport the students to the Ontario Community Center following the 1/2 day dismissal. To be prepared they will need to bring a bag lunch and as always, wear sneakers! Students will enjoy a variety of games on our turf. Be sure to fill out the permission slip with the bus pass that will be sent through the schools.

Registration deadline is Monday, March 2nd

WHO: Wayne Central students ONLY in grades K-6
WHEN: Thursday, March 5
TIME: Half day dismissal time until 5:00 pm
FEE: $20.00 per child; $10.00 with Family Membership discount
YOUTH INDOOR/OUTDOOR GOLF
Juniors will have fun learning to hit the ball, all the while developing their footwork, balance, hand-eye coordination as well as their core muscles. Join PGA instructors Linda & Pete from the Ontario Country Club as they cover the basics of golf - partial and full swings and putts. Come Get Golf Ready!

AGES: 7 - 18 years old
WHEN: Saturdays, April 25 - May 23; No Class 5/16
TIME: 9:00 - 9:45 am
or 10:00 - 10:45 am
WHERE: Week 1: Ontario Community Center Turf
Weeks 2 - 4: Indoors on the Turf or Outdoors at the Ontario Country Club*
FEE: $45.00

* Weather Permitting

SUBURBAN DRIVING
NYSDMV Approved 5-hour Pre-Licensing class. By actively participating in, and completing the 5-hour Pre-Licensing Course offered through Suburban Driving, students will learn safe driving skills and how to safely share the road in a courteous manner with all other users. This 5-hour course is mandatory in order to register for the road test. Pre-registration is required. Call 315-524-7447 for additional information.

WHO: Drivers w/a valid learner’s permit (laminated photo)
WHEN: Thursday
TIME: 5:30 - 9:00 pm
DATE: Select one:
March 5, April 2, May 7, June 4
WHERE: Adult Activity Center
FEE: $40.00

PICK UP THE PARKS
Help clean the winter accumulation of trash and debris from the parks. Let’s get the parks looking great for spring and summer time enjoyment. Volunteers who sign up will be stationed at one of three locations: Casey Park, The Ontario Center Greenway, or Bear Creek Harbor. Trash bags and some tools will be provided. Please bring gloves and dress according to the weather conditions on the day of the event. Registration required

Please join us as we will be holding a ribbon cutting ceremony at 10:15 am to dedicate the new Tobin Trail. The dedication will be held at the Casey Park check-in location by the Butler Pavilion.

WHO: Individuals, clubs, groups, teams, families, scout troops
WHERE: Casey Park, The Ontario Center Greenway, Bear Creek Harbor
WHEN: Saturday, April 25 (Rain or Shine)
TIME: 10:00 - 11:30 am Clean up

Thank You Picnic for the volunteers to be held directly afterward at 11:30 am at the Butler Pavilion.
ADULT PROGRAMS

SMALL GROUP TRAINING
Kick start your workout in Small Group Training and get the results you’ve been looking for. You’ll experience the motivational benefits of working within a group while getting individual attention from our staff trainer. Class format resembles a cross between Boot Camp & Circuit Training.

WHO: Adults
WHEN: Mondays & Wednesdays; 8:30 - 9:30 am
WHERE: Community Center Turf Arena

FEES:
- Mon & Wed.: $60.00 Member; $84.00 Non-member
- Mon or Wed.: $30.00 Member; $42.00 Non-member
- $7.00 per Individual Class (Drop-in)

Session I
April 6 - May 13

Session II
May 18 - June 29

WAYNE COUNTY SHERIFF’S BOATER SAFETY COURSE
For boating enthusiasts of all kinds. Whether you are a power boater, sailor, use a personal watercraft, are just a beginning boater or have many years of experience, this program is designed for you. Topics include: seamanship, small boat handling, safety suggestions, government regulations, marine compass, charts, rules of the road, aids to navigation, boat trailing, manners, customs and much more. Maximum of 30 per class.

Free Class: Registration Required

* This course will also satisfy the NYS laws pertaining to Personal Watercraft Mandatory Education Requirements.

AGES: 10 & up
WHEN: Saturday, April 25
TIME: 8:30 am - 5:00 pm; 8 hour course
WHERE: Adult Activity Center

LEARN TO CLOG
American Clogging is a unique dance form that began in the Appalachian Mountains. As the Appalachians were settled by the Irish & Scottish, the folk and step dances of each area met and began to combine in an impromptu foot-tapping style. Accompanied by rousing fiddle and bluegrass music, clogging was a means of personal expression. Clogging is a dance that is done in time with music, which music you say? Today’s cloggers dance to pop, rap, bluegrass and country music. It is influenced by tap, Irish step and Native American dances. Anyone who can walk can clog and you don’t even need a partner! So if you’re interested in getting out, having a good time, meeting new friends and getting some exercise, try it. Need to wear leather shoes.

WHO: Adults
WHEN: Wednesdays, March 4 - April 8
TIME: 7:00 - 8:00 pm
WHERE: Community Center Gymnasium
FEE: $30.00; $15.00 with member discount

GIRLS’ NIGHT OUT
Spring into Healthy & Vitality for your skin! We ALL have skin that needs to be kept healthy and vital! Any age... any profession... all skin types and sensitivities. Get together with your girl friends for an enjoyable class on skin health where we will take a close look at what our skin needs to be at it’s best, which will also include experiencing free skin health samples and fun games.

AGES: Adults & Teens
WHEN: Friday, April 3
TIME: 6:30 - 7:30 pm
WHERE: Adult Activity Center
FEE: $8.00

ADULT INDOOR/OUTDOOR GOLF
Learn new or fine tune existing golf skills in preparation for the day when there is no more softball, basketball or soccer left to play. Come learn golf and enjoy the numerous physical and mental challenges that the game provides. Join PGA instructors Linda & Pete from the Ontario Country Club as they cover the basics of golf - partial and full swings and putts. Come Get Golf Ready! Clubs provided, if needed.

WHO: Adults
WHEN: Saturdays, April 25 - May 23; No Class 5/16
TIME: 12:00 - 12:45 pm
WHERE: Week 1: Ontario Community Center Turf
Weeks 2 - 4: Indoors on the Turf or Outdoors at the Ontario Country Club*

FEE: $50.00
* Weather Permitting

LEARN TO CLOG
American Clogging is a unique dance form that began in the Appalachian Mountains. As the Appalachians were settled by the Irish & Scottish, the folk and step dances of each area met and began to combine in an impromptu foot-tapping style. Accompanied by rousing fiddle and bluegrass music, clogging was a means of personal expression. Clogging is a dance that is done in time with music, which music you say? Today’s cloggers dance to pop, rap, bluegrass and country music. It is influenced by tap, Irish step and Native American dances. Anyone who can walk can clog and you don’t even need a partner! So if you’re interested in getting out, having a good time, meeting new friends and getting some exercise, try it. Need to wear leather shoes.

WHO: Adults
WHEN: Wednesdays, March 4 - April 8
TIME: 7:00 - 8:00 pm
WHERE: Community Center Gymnasium
FEE: $30.00; $15.00 with member discount

YARD GAMES FOR ADULTS
Do you miss tailgating games now that the season is over? Are you anxious for warmer weather to play yard games? Maybe you’re just looking for a night out? If you answered “Yes” to any of these questions then this program is for YOU! Team up with a partner and compete against other teams to see who reigns supreme in yard games. Cornhole, Ladder Golf, and Kan Jam will be featured on our indoor turf arena. Teams play each game every week and tally their scores. Awards will be given the last day for various achievements. Men’s, Women’s, and CO-ED teams are all welcome. Child watch will be available during this program.

AGES: All adults are welcome
WHEN: Thursdays, April 16 - May 21
TIME: 6:30 - 8:30 pm
WHERE: Community Center Turf Arena
FEE: $42.00 team registration
ADULT PROGRAMS

MORNING FLOW
This yoga practice is accessible for all levels. Breath and movement will flow us from one posture to the next. Students will feel refreshed, relaxed and ready for the day at the conclusion of this practice.

WHO: Adults
WHEN: Mondays, March 9 - April 13
TIME: 10:00 - 11:00 am
WHERE: Community Center Group Ex
FEE: $40.00; $32.00 with member discount
$7.00 per Individual Class (Drop in)

GENTLE YOGA
This class overcomes the mystery of yoga by delivering a practical, user-friendly style, which is accessible, understandable, and doable by individuals at any level of fitness. It blends balance, strength, flexibility and power in a fitness format. This Yoga style reduces the risk of injury and augments recovery for conditions including stress, lower back pain and tension.

WHO: Adults
WHEN: Fridays, March 13 - April 17
Fridays, May 1 - June 5
TIME: 10:45 - 11:45 am
WHERE: Community Center Group Ex
FEE: $40.00 ; $32.00 with member discount
$7.00 per Individual Class (Drop in)

YOGA GLOW: VINYASA SERIES
An exhilarating six weeks of yoga flow filled with strength building sequences, quicker paced movement and sweat producing holds. We'll strengthen, lean and tone muscles and get the blood flowing! Some yoga experience required for this class as we will be exploring quicker movements and intermediate poses. Modifications always offered.

WHO: Adults
WHEN: Saturdays, April 18 - May 23
TIME: 9:15 - 10:30 am
WHERE: Community Center Group Ex
FEE: $40.00 ; $32.00 with member discount
$7.00 per Individual Class (Drop in)

INTRO TO YIN YOGA
Yin Yoga is an approach that uses traditional yoga poses in a non-traditional way. You come into a pose, settle into it, and hold the posture awhile, allowing the muscles to soften. Yin Yoga focuses on the connective tissues, bones and joints rather than the muscles.

WHO: Adults
WHEN: Thursday, April 23
TIME: 5:45 - 6:45 pm
WHERE: Adult Activity Center
FEE: $12.00

NIGHT FLOW
This yoga practice is accessible for all levels. Breath and movement will flow us from one posture to the next. While flowing through the poses, students will move stagnant energy through the body and release any tension from the day.

WHO: Adults
WHEN: Wednesdays, March 11 - April 15
TIME: 6:00 - 7:00 pm
WHERE: Community Center Group Ex
FEE: $40.00; $32.00 with member discount
$7.00 per Individual Class (Drop in)

RESTORATIVE YOGA WORKSHOP
Sometimes, you just need to breathe, rest, lay on pillows and feel supported. This is that yoga class. Join us for very gentle movement, centering and 3-4 supported poses that allow for deep relaxation.

WHO: Adults
WHEN: Thursday, March 19 or May 14
TIME: 6:00 - 7:00 pm
WHERE: Adult Activity Center
FEE: $12.00

LABYRINTH WORKSHOP
In this workshop, we’ll look at the history of labyrinths, how walking a labyrinth shifts the body in many ways, we’ll build a labyrinth on the floor and walk it together. You’ll leave with a template to create your own labyrinth and knowing the health benefits of labyrinths.

WHO: Adults
WHEN: Thursday, April 9
TIME: 6:00 - 7:30 pm
WHERE: Adult Activity Center
FEE: $12.00

MEDITATION & RELAXATION
Four workshops to explore various relaxation and stress reduction methods, philosophies, aromatherapy, massage, and more. These techniques have been taught through the ages, taken from many different cultures and beliefs. We will also explore new scientific studies and practices. Learn to use positive energy & thoughts, breathing exercises and just HOW to teach your mind and body to relax. Every week you will have something new to practice and think about, to help you discover what method or a combination of methods work best.

WHO: Adults
WHEN: Mondays, April 27 - May 18
TIME: 7:00 - 8:00 pm
WHERE: Adult Activity Center
FEE: $20.00; $10.00 with member discount
ADULT & SENIOR PROGRAMS

INTERMEDIATE PICKLEBALL LESSONS
This class is for Intermediate Level players who are trying to improve their strokes, partner shadowing and strategies. Instruction will focus on working your way to the kitchen, dinking, blocking, drop shots, lobbing and partner skills: shadowing, communication, and setting up your partner.

WHO: Open to all adults
WHEN: Tuesdays
DATES: April 28 - May 26; No Class 5/05
TIME: 7:00 - 8:30 pm
WHERE: Community Center Gymnasium
FEE: $32.00

PICKLEBALL COURT HOURS
Drop-in pickleball court time is available free to members, twice weekly. Join in on the fun!

WHEN: Mondays: 9:30 am - 12:30 pm
Wednesdays: 8:00 am - 12:30 pm

FEE: Free to members, Non-members $5.00

Additional court time may be reserved in one-hour blocks on the following days and times. 24-hour advance notice is required. If the courts are not reserved for an hour block, they will be broken down to allow for other members to utilize the space.

PICKLEBALL FOR BEGINNERS
Discover what everyone is talking about! Pickleball is the HOT, new sport that’s sweeping the nation and is fun for all ages, including the 55 and older crowd. A cross between tennis and ping pong, pickleball is a great way for mature adults and athletes to stay fit. This class introduces the basics of the game and allows the novice player to acquaint themselves with equipment, scoring, rules, serving and strategy for both singles and doubles play. Try it and you’ll be hooked too!

WHO: Open to all adults
WHEN: Tuesdays
DATES: March 24 - April 21; No Class 4/07
TIME: 7:00 - 8:30 pm
WHERE: Community Center Gymnasium
FEE: $32.00

SENIOR COMPLIMENTARY SKIN CARE DEMONSTRATION
We ALL have skin that needs to be kept healthy and vital! Men and women... any age... any profession... any activity level... all skin types and sensitivity. Join us for an enjoyable class on skin health where we will take a close look at what our skin needs to be at its best, which will also include experiencing free skin health samples and fun games.

AGES: Seniors
WHEN: Thursday, April 9
TIME: 11:00 am - 12:00 pm
WHERE: Adult Activity Center

This is a FREE class but registration is required and spaces are limited.

ADULT CO-ED BOCCE
Exercise can be fun. Enjoy a lively game of Bocce with friends in the afternoon. New to the game? No worries - this is a non-competitive league.

AGES: All adults are welcome
WHEN: Mondays, April 13 - May 18
TIME: 1:00 - 2:30 pm
WHERE: Community Center Turf Arena
FEE: $25.00
$20.00 with member discount

50+ SILVER ARTS
Challenge yourself to something new! The martial art moves will increase your range of motion, flexibility, stamina and enhance your longevity. The breathing postures will promote stress reduction and relaxation as well as blood pressure control. Designed to teach seniors martial arts at a comfortable pace and enhance energy levels, awareness and safety. Wear loose clothes and bring a water bottle.

WHO: Adults 50 +
WHEN: Wednesdays, March 25 - April 29
TIME: 11:15 am - Noon
WHERE: Ontario Community Center
FEE: $48.00
$40.00 with member discount
ST. PATRICK’S DAY PARTY
Join us for a St. Patrick’s Day Celebration! There will be oodles of great songs, shenanigans, and snacks to get you into the spirit. Can you guess what the theme color will be? **Free program but registration is required.**

**WHO:** Adults  
**WHEN:** Tuesday, March 17  
**TIME:** 11:00 am  
**WHERE:** Adult Activity Center

LET’S PAINT A FEATHERED FRIEND
Join us for a group led acrylic painting class where we will explore some techniques in painting a bird or two. Canvas, paint, and paintbrushes will be provided for use. If you have your own supplies that you would like to use, please feel free to bring them along! Wear your crafty clothes, bring a lunch, and we’ll have a great time! **Free program but registration is required and spaces are limited!**

**WHO:** Adults  
**WHEN:** Tuesday, March 24  
**TIME:** 11:00 am  
**WHERE:** Adult Activity Center

CARD MAKING CRAFT
Ever receive a handmade card and wonder how to make one? Here’s your chance to learn how to make two unique greeting cards. Send them to someone you want to make feel special. They’re simple and even addicting. Join us and find out how easy it can be! **Free program but registration is required.**

**WHO:** Adults  
**WHEN:** Tuesday, April 21  
**TIME:** 10:30 am  
**WHERE:** Adult Activity Center

ESSENTIAL OILS: 101
Are you curious about the benefits of Essential Oils? Essential Oils have been used for thousands of years. This class will teach you the facts about oils and how to incorporate them into your health and wellness regime. Essential oils pro-actively support all body systems and promote physical, emotional and spiritual balance, allowing you to live your best, healthiest life! This is a make and take class: you will choose the oil blend you would like to try and take home a roller bottle to test for yourself! **Free program but registration is required.**

**WHO:** Adults  
**WHEN:** Saturday, May 16  
**TIME:** 11:00 am - 12:00 pm  
**WHERE:** Adult Activity Center  
**FEE:** $15.00

MAGNET WORKSHOP
Join us for a fun workshop of making magnets that will look great on your fridge or make a wonderful gift for a loved one. We will use glass gems, buttons, scrapbooking paper and other found objects to create these new treasures. We will be working with glue so be sure to wear your crafty clothes. **Free program but registration is required.**

**WHO:** Adults  
**WHEN:** Thursday, May 7  
**TIME:** 11:00 am  
**WHERE:** Adult Activity Center

ESSENTIAL OILS - MOTHER’S DAY SPA DAY
Treat yourself to a Spa day for Mother’s Day! In this fun and informative DIY Essential Oils class you will learn how to make your favorite Spa essentials with a bath salt, AND make a roller ball perfume PLUS choose a diffuser bracelet! **This is a free program but registration is required.**

**WHO:** Adults  
**WHEN:** Saturday, May 9  
**TIME:** 11:00 am - 12:00 pm  
**WHERE:** Adult Activity Center  
**FEE:** $20.00

Join us for the Lilac Festival
**WHO:** All are welcome  
**WHEN:** Tuesday, May 12th; Rain date: Thursday, May 14th  
**TIME:** 9:30 am ~ 2:00 pm  
Spend a day smelling the beautiful lilacs in bloom at Highland Park. We will have the opportunity to shop the vendors as well as take in the beautiful gardens and landscape. Feel free to bring a lunch or buy from the dozens of goodie at the festival. Bus will pick up participants from Brown Square at 9:30 am and from Casey Park at 9:45 am.  
This is a free trip but you MUST register by May 8, 2020

GARDEN STEPPING STONE
Back by popular demand! We will be making a garden stone to help decorate your yard. Feel free to bring your own personal touches to add to your stone or use some of ours to bring your whole creation to life! We will be using concrete so wear your crafting clothes! **This is a free program but registration is required.**

**WHO:** Adults  
**WHEN:** Thursday, June 11  
**WHERE:** Adult Activity Center  
**TIME:** 11:00 am
**Senior Calendar**

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- The Ontario Parks and Recreation’s Exercise program has been specially designed for senior citizens. Classes are one hour and focus on developing and maintaining flexibility, range of motion, strength and endurance in a fun atmosphere. We guarantee that you will feel more energetic after you leave this great program.
- Think Green!! Join us at the Adult Activity Center in Casey Park for a St. Patrick’s Day celebration on Tuesday, March 17. There will be oodles of great songs and shenanigans. Registration is required.
- The Ontario Parks and Recreation Department is hosting an AARP Driver’s Safety Course on Saturday, March 21; fee $20.00 for AARP members; $25.00 for all others. Registration is required - payment made to the instructor on the day of the class.
- Think Green!! Join us at the Adult Activity Center to paint a feathered friend. Fun starts at 11:00am on Tuesday, March 24, so be sure to register!
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**All programs in Green are held in the Adult Activity Center located in the back room of the Administration Building at Casey Park. Programs in Orange are held at the Ontario Community Center. Registration is required to reserve your spot for ALL programs.**

All other programming is held in the Nutrition Room located at Brown Square Apartments Bldg #1.

- There will be a health talk regarding Senior Services on Wednesday, April 1 at 11:30 am. Please call Ella to make your reservation for lunch after this informative discussion.
- We would like to invite you to attend a complimentary senior skin care demonstration on Thursday, April 9 in the Adult Activity Center beginning at 11:00am. Be sure to register to save your spot!
- All Town offices will be closed on Friday, April 10 in observance of Good Friday. The Ontario Community Center will be open from 7:00 am - 7:00 pm.
- Birthday Celebration at Brown Square is at noon on Wednesday, April 22. Call Ella to reserve a lunch and join the festivities at 315.524.3034.

www.ontariotown.org
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All programs in Green are held in the Adult Activity Center located in the back room of the Administration Building at Casey Park. Programs in Orange are held at the Ontario Community Center. Registration is required to reserve your spot for ALL programs.

All other programming is held in the Nutrition Room located at Brown Square Apartments Bldg #1.

- The Ontario Parks and Recreation Department is hosting an AARP Driver’s Safety Course on Saturday, May 2; from 8:30am-3:00pm. Fee is $20.00 for AARP members; $25.00 for all others. Registration is required - payment made to the instructor on the day of the class.
- Annual Lilac Trip is Tuesday, May 12 with a rain date of Mary 14. Highland Park will be in full bloom so let’s take some time and smell the flowers! Register by May 10 to guarantee your spot!
- Join Denise on Thursday, May 7, for a new and fun magnet workshop. Workshop begins at 11:00 am and registration is required to attend.
- Happy May Birthdays!! We will be celebrating with a beautiful cake on Wednesday, May 27 at the Nutrition Site. Whether your birthday is in May or not, everyone is welcome to celebrate!! Be sure to call ahead and reserve a lunch!
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- The Ontario Parks and Recreation’s Exercise program has been specially designed for senior citizens. Classes are one hour and focus on developing and maintaining flexibility, range of motion, strength and endurance in a fun atmosphere. We guarantee that you will feel more energetic after you leave this great program.
- Back by popular demand: Garden Stepping Stones. Join us on Thursday, June 11 at 11:00 am in the Adult Activity Center as we make stepping stones to spruce up your gardens and flower beds.
- Craft Day at Brown Square is Friday, June 26 at 10:00 am, so be sure to save the date! Call Ella at 315.524.3034 to register and reserve a lunch.
- Happy June Birthdays!! We will be celebrating with a beautiful cake on Wednesday, June 24 at the Nutrition Site. Whether your birthday is in June or not, everyone is welcome to celebrate!! Be sure to call ahead and reserve a lunch!
Community Center Hours
Mon. - Thurs.: 7:00 am - 9:00 pm
Friday: 7:00 am - 7:00 pm
Saturday: 9:00 am - 4:00 pm
Sunday: 9:00 am - 2:00 pm

Child Watch in the Constellation Pre-School Room
Community Center members have the added convenience of bringing their young children with them when they come to the center to exercise. The Child Watch Room is directly across the hall from the fitness center. Parents can relax, knowing that their children are close by in a safe, supervised environment. Children ages 18 months to 8 years of age.

Cost per visit: $2.00 per child
Punch Pass: $16.00 for 10 visits or $25.00 for 20 visits

Child Watch Hours:
Saturdays 8:00 - 10:30 am
Mon. & Wed. 9:00 - 10:30 am
Mon. - Thurs. 5:30 - 8:00 pm
Parents must stay in the building while their children are in the child watch area.

Frolicking Families in the Constellation Room
The Constellation Room is open for family use anytime no programming is going on in the room. Stay and play with the kids or bring two adults and take turns working out. One adult must stay in the room at all times. FREE program - members only please.

Membership Rates and Packages
Joining Fee: $25.00 for individuals, $50.00 for couples and families; Monthly and quarterly packages will be automatically charged to credit card or drafted from bank account. Annual packages will be billed by mail. Qualified family members include: An adult and his or her spouse, and any of their unmarried children, residing in their home, up to 26 years of age. Additional household members do not qualify for membership. All members must be 12 years of age or older to use the fitness equipment or group exercise classes. Students ages 10 and 11 may take the Junior Membership Training class to qualify.

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*Student members must be at least 12 years of age and provide proof of full time student status.

Children’s Parties at the Center
The Community Center will supply the Constellation Room and the Gymnasium for rental for your to host a birthday party for your child. Space is available from 11:00 am - 1:00 pm on Saturdays. You will be responsible to supervise and facilitate your child’s birthday party with up to 25 guests total including parents.

Available Party times
Saturdays: 11:00 am - 1:00 pm
$25.00 refundable Security Fee is required at time of booking in addition to all rental fees.

Constellation Room & Gym Package Fee: $105.00, Member discount $85.00
Enjoy a two-hour party in the Community Center Gymnasium with usage of the Constellation Room for serving food and drinks. This package is not supervised by Community Center staff. You are responsible for supervising your party guests as well as supplying any food and drinks. No helium balloons are allowed please.

Constellation Room & Gym Package w/Bounce House Fee: $165.00, Member discount $145.00
This is a great party package for those who love to bounce! Enjoy a two-hour party in the Community Center Gymnasium with usage of the Constellation Room for serving food and drinks. You are responsible for supervising your party guests as well as supplying any food and drinks. No helium balloons are allowed please. Community Center staff will be on site to supervise use of the Bounce House.
Ab Express with Power & Pump

**Ab Express** - Wake up those ab muscles! Join ab express immediately before Power & Pump on Saturday morning and get in a quick, intense ab workout. Stay for Power & Pump and you’ll be in great shape to take on the weekend.

**Power and Pump** is a multi-level class designed for cardio lovers. An interval format of cardio and resistance training intervals to burn fat! Come ready to work.

**Body Sculpt**

Start sculpting your body today. This class includes both strength training and high intensity cardio and is appropriate for beginners to more advanced participants.

**Yoga**

This class overcomes the mystery of yoga by delivering a practical, user-friendly style, which is accessible, understandable, and doable by individuals at any level of fitness. It blends balance, strength, flexibility and power in a fitness format. The YogaFit style reduces the risk of injury and augments recovery for conditions including stress, lower back pain and tension.

**Kardio Kickboxing**

A high energy class combining movements from boxing, martial arts, and kickboxing, set to powerful music. Burn calories and tone your body while building strength, stamina, and incredible mental and physical focus.

**Pilates**

Based on the principles of Joseph H. Pilates and taught by our certified instructor, all movements are performed on mats using the core muscles of the body. Appropriate for beginners as well as more advanced students. Offered Tuesday evenings and Wednesday mornings for your convenience.

**Pilates with Stability Ball**

A different twist on Pilates. In addition to mat work this class uses stability balls and resistance bands. No prior Pilates experience required.

**Hiit & Ripped**

Hiit is a full-body workout. This class is a rigorous interval training sequence with high-intensity exercises. It builds cardiovascular fitness while improving muscular strength and endurance. You will be challenged to push your limits and walk out feeling strong.

**SilverSneakers® Classic**

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living. Hand-held weights, tubing with handles and a ball are offered for resistance, and a chair is used for seated and/or standing support.

**SilverSneakers® Yoga**

Yoga Stretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

**Zumba Gold®**

Zumba Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, and those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, the exhilarating, easy-to-follow moves, the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, the exhilarating, easy-to-follow moves, and the invigorating, party-like atmosphere. Active older adults want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold is the perfect fit.

**Personal Training Packages**

Learn how to make the most of your workout and achieve your health and fitness goals with the help of our qualified personal training staff. Price is based on the number of sessions purchased at the time of booking. **One Session $40.00; Three Sessions $100.00; Five Sessions $150.00**

**FITNESS CENTER JUNIOR CERTIFICATION BOYS & GIRLS AGES 10 & 11**

Get your pre-teen started out on the right foot. This comprehensive course is designed to teach junior members the proper use of cardio and strength training equipment. Topics covered include stretching, gym etiquette, exercise safety, resistance training techniques, and good nutrition. This course is designed for students who are part of a family membership. Upon successful completion, students will be allowed to work out with their parents in the fitness room.

**AGES:** 10 & 11 year old members  
**WHEN:** Scheduled upon registration  
**WHERE:** Fitness Center  
**FEE:** $20.00

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**Registered Dietitian Services**

Between what you hear on TV and read in the news, eating right can seem like a real challenge. But it doesn’t have to be. A registered dietitian nutritionist will work with you to develop a safe and realistic eating plan that you can stick with you for the long haul.

**Five Sessions $175.00**
### Participant Information

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<th>Participant Name</th>
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### Household Information

- **Primary Adult Name:**
  - Address: ___________________________________________________________________
  - Mailing Address (if different): ____________________________________________
  - Town: __________________________ Zip: _______
  - Home Phone: ____________________
  - Work Phone: ____________________
  - Cell Phone: ____________________
  - Date of Birth: __________________
  - Email: _________________________
  - Emergency Contact: _______________
  - Emergency Phone: ________________

- **Secondary Adult Name (optional):**
  - Address: ___________________________________________________________________
  - Mailing Address (if different): ____________________________________________
  - Town: __________________________ Zip: _______
  - Home Phone: ____________________
  - Work Phone: ____________________
  - Cell Phone: ____________________
  - Date of Birth: __________________
  - Email: _________________________
  - Emergency Contact: _______________
  - Emergency Phone: ________________

### Medical Conditions or Limitations:
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

### Are you willing to:
- Coach
- Asst. Coach
- Help if needed
(circle if applicable)

I hereby unconditionally release the Ontario Parks & Recreation Department, and any of its staff, from all responsibility or liability in connection with any and all activities for the participants listed above, for the current calendar year. I acknowledge that neither I nor my children, suffer from any physical impairments and have no limitations, other than listed below, which may predispose me/my child to risk during any recreation activity. I give permission for a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to myself/child/ward when normal permission is unavailable. I authorize the party or person in charge of my child's activity to seek medical care.

### Medical Conditions or Limitations:
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

- I give my permission for photos taken of my child(ren) or myself to be used for promotional purposes.

Date: ___________ Signature:_____________________

(Parent or guardian if participant is under 18)
AARP DRIVER SAFETY PROGRAM
Learn defensive driving techniques, new traffic laws, rules of the road and much more in this 6-hour course. Find out how to adjust your driving to your age-related changes in vision, hearing and reaction time. You’ll even get an insurance discount!!

AGES: Any licensed driver
WHEN: Saturday, March 21
or Saturday, May 2
TIME: 8:30 am - 3:00 pm
WHERE: Adult Activity Center
FEE: $20.00 AARP Member; $25.00 Non-members

Registration required prior to class
Payment given directly to instructor day of class

TAX COUNSELING ASSISTANCE FOR SENIORS
The Tax Counseling for the Elderly (TCE) Program offers free tax assistance to individuals age 60 and older. Seniors can have their taxes done during the months of February, March and April by IRS-certified, volunteer tax counselors.

If you would like additional information about the TCE program or you would like to schedule an appointment to have your taxes done, please call Wayne County Action Program at 315-665-0131, x210. Confidentiality is strictly upheld.

RSVP is administered by Wayne County Action Program and funding is provided by Corporation for National and Community Service and the New York State Office for the Aging.

MARKETS ARE UP, WHAT SHOULD I DO NOW?
Things constantly change; whether you’re just starting out or with years of experience. Please come and learn ways to manage your portfolio and protect your income. Hosted by Glen Cone with the Legend Group - featuring two presentations by two well-known firms, Pacific Life and Russell Investments.

AGES: All adults are welcome
WHEN: Thursday, April 16
TIME: 4:00 - 6:00 pm
WHERE: Adult Activity Center
FEE: Free and open to the public; registration required

Advisory Services offered through Lincoln Investments, or Capital Analysts, Registered Investment Advisers. Securities offered through Lincoln Investment, Broker/Dealer, Member FINRA/SIPC. www.lincolninvestment.com Pacific Life and Russell Investments are not affiliated with the above named firms.

SUBURBAN DRIVING
NYSDMV Approved 5-hour Pre-Licensing class. By actively participating in, and completing the 5-hour Pre-Licensing Course offered through Suburban Driving, students will learn safe driving skills and how to safely share the road in a courteous manner with all other users. This 5-hour course is mandatory in order to register for the road test. Pre-registration is required. Call 315-524-7447 for additional information.

WHO: Drivers w/a valid learner’s permit (laminated photo)
WHEN: Thursday
TIME: 5:30 - 9:00 pm
DATE: Select one:
March 5, April 2, May 7, June 4
WHERE: Adult Activity Center
FEE: $40.00
COMMUNITY PROGRAMS

HERITAGE SQUARE MUSEUM
7147 Ontario Center Road, Ontario, NY

Heritage Square Museum is owned and operated by the Town of Ontario Historical and Landmark Preservation Society. Located at 7147 Ontario Center Road, this 13-acre site includes the Ruffell log cabin, Brick Church schoolhouse, town jail, Baptist Meeting house, Ore Miner’s cabin, Warner farmhouse, apple dry house and train station with gift shop. All buildings are carefully furnished with period artifacts.

Museum & Gift Shop Hours: June 2 to October 7, Saturday & Sunday, 1:30 to 4:00 pm
Closed July 4th and Labor Day

Suggested Donation: Adults $6.00
Seniors (62) & under 16 yrs old $5.00, Families $20.00

For more information or to schedule a private group or family tour by appointment, please contact Ann Welker, 315-524-9330 and for school tours contact Polina Doran, 585-627-3526. All events take place rain or shine. Visit our website at www.heritagesquaremuseum.org

LIBRARY HOURS

Monday-Wednesday: 10:00 am - 8:00 pm
Thursday-Friday: 10:00 am - 6:00 pm
Saturday: 10:00 am - 1:00 pm
Closed Saturdays: June 29 - Labor Day Weekend
COMMUNITY PROGRAMS

Ontario Garden Club

ANNUAL PLANT SALE

Celebrate the Town of Ontario’s Garden Club’s 44th Anniversary with their annual Plant Sale is on Saturday, May 16, 2020 from 9:00 am to 1:00 pm in the Lodge at Casey Park. Plants from this sale are dug from members gardens, bringing to you a healthy plant that is acclimated to our area soils and weather. The Garden Club also has annuals and geraniums for sale that will bring color to your garden all summer long. Monies raised at this event will be used to preserve the natural beauty of our community, to cooperate in the protection of wildflowers, trees, birds, animals and most importantly, to teach and encourage the youth that follow us. Take a chance at our drawing table which always has a nice array of surprises. The money collected goes towards Water to Sudan, and also Native American tribes in New Mexico for the digging of water wells.

FAMILY GAME DAY
FRIDAY, MAY 15, 2020
6:00 PM to 8:00 PM

A wonderful fun way to spend a Friday Night with your family or group Join us at Casey Park
Members: FREE
Non-Members: $10:00

Wheelbarrow puzzle stations, relay races, and Hungry hippo pose or Outside Twister. Finish with In It To Win It games! Rack up points to win the day! If you wish to sit out for some activities we’ll have a whimsical musical area with bubbles and a craft. Pizza and ice cream will be served.

Sponsored by Ontario Parks & Recreation Department
Register each person and ages by Monday, May 11th on the Ontario Community Center Site.

Rodger & Hammerstein’s

The Sound of Music

Performances
Friday March 27-7:00 P.M.
Saturday March 28-7:00 P.M.
Sunday March 29-2:00 P.M.
At WAYNE CENTRAL HIGH SCHOOL
Performing Arts Center
6200 Ontario Center Rd. Rt. 350

Music by RICHARD RODGERS, Lyrics by OSCAR HAMMERSTEIN II
Book by HOWARD LINDSAY and RUSSELL CROUSE
Suggested by “The Trapp Family Singers” by Maria Augusta Trapp

Senior Dinner & Preview on Thursday March 26
Fee: $8.00
Dinner at 4:30 pm
Show at 6:00 pm
Reservations must be made by March 21st
Please email phecht@wayncsd.org or call the High School Office at 315.524.1050

Tickets
$10 Pre-Sale
$12 at Door
Reserved Seating
Tickets Available at ShowTix4U

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Ontario Parks & Recreation

24th Annual Easter Egg Hunt
Saturday, April 4th
at the Community Center

Ages 2 - 5
9:30 AM

Ages 6 - 10
11:00 AM

The Easter Egg Hunt is a FREE program for Ontario residents only.

Remember to bring a bag for your eggs!

Kids activities from 9:30am - 11:00am

Rockin’ Easter
Community Center
7:00 - 9:00 PM
Students Grades 5 & Up
Flashlight Egg Hunt with prizes, DJ and Pizza.

Bring a flashlight and a bag for your eggs!

6551 Knickerbocker Rd.  315.524.7447 or 315.524.7020
www.ontariotown.org