Town of Ontario
Parks & Recreation
Summer 2018

Come view this year’s Community Art Project!

Register online NOW for fun Camps and Summer Soccer

Keep Your Workout Going Strong!
Our Fitness Center is Air Conditioned!

Check out our Summer Evenings with Music in the Park

6551 Knickerbocker Rd.  315.524.7447 & 315.524.7020  www.ontariotown.org
CASEY PARK

Located at 6551 Knickerbocker Road, this 93-acre park has a diversity of passive and active recreational opportunities. Visitors can see a multitude of wildlife such as deer, squirrels, and other woodland creatures while enjoying the tree covered walking trail as well as the hiking trail. Both the hiking and walking trails overlook a 100 year old iron ore bed which can be used for boating (no motors permitted). Casey Park is also home to the offices of the Parks & Recreation Department, the Ontario Community Center and the Economic Development Department.

General Information

- Park Hours:
  - Summer: 7:00 am - 9:00 pm
  - Winter: 7:00 am - 9:00 pm

- Beach & Boat Rental Hours:
  - Mon. & Wed.: 11:00 am - 6:00 pm
  - Tues., Thurs. & Fri.: 11:00 am - 4:00 pm
  - Sat., Sun. & Holidays: 11:00 am - 4:00 pm

ALCOHOLIC BEVERAGES ARE NOT PERMITTED IN ANY TOWN PARK

Open Air Pavilions & Enclosed Lodge

Two open air pavilions and an enclosed lodge are available for picnics, family reunions, and other group functions. The open air pavilions are available on a seasonal basis and the enclosed lodge is available year round.

Call (315) 524-7447 for facility availability and fee schedule

THOMPSON PARK

Thompson Park is located on Lake Road between Knickerbocker Road & Furnace Road. This six acre park straddles the mouth of Bear Creek. In 2002, an old bridge spanning Bear Creek was replaced by a modern arched bridge with a pedestrian walkway on the north side.

The park attracts waterfowl and shorebirds, including migratory species, making this a great location for bird watching. Many area residents and their children use this park to fish and enjoy all the beauty of Lake Ontario.

Bear Creek Harbor is located within Thompson Park. Bear Creek Harbor has a concrete boat launch that gives boaters direct access to Lake Ontario via Bear Creek. A permit is required to use the boat launch.

Launching Permits are required to launch any vessel. Seasonal and day passes are available. Please contact the Parks and Recreation office for more details.

HERITAGE SQUARE MUSEUM

Heritage Square Museum is owned and operated by the Town of Ontario Historical and Landmark Preservation Society. Located at 7147 Ontario Center Road, this 13-acre site includes the Ruffell log cabin, Brick Church schoolhouse, town jail, Baptist Meeting house, Ore Miner’s cabin, Warner farmhouse, apple dry house and train station with gift shop. All buildings are carefully furnished with period artifacts.

Museum & Gift Shop Hours:
- June 2 to October 7, Saturday & Sunday, 1:30 to 4:00 pm
- Closed July 4th and Labor Day

Suggested Donation:
- Adults $6.00
- Seniors (62) & under 16 yrs old $5.00, Families $20.00

** Be sure to check out the list of Special Events for 2018 on the Community Page**

For more information or to schedule a private group or family tour by appointment, please contact Ann Welker, 315-524-9330 and for school tours contact Polina Doran, 585-627-3526. All events take place rain or shine. Visit our website at www.heritagesquaremuseum.org
ONTARIO COMMUNITY CENTER
The Community Center offers healthy lifestyle options for area residents of all ages. The main building houses a fitness center, classrooms, locker rooms and offices. The facility also includes a 12,800 sq. ft. indoor turf arena, an 8,500 sq. ft. gymnasium, and an indoor walking track. Memberships are available. Get the latest info on new programs and promotions in the monthly newsletter.

SUMMER HOURS: May 25 - September 30
Community Center: Monday-Thursday: 7:00 am - 9:00 pm
                        Friday: 7:00 am - 7:00 pm
                        Saturday: 9:00 am - 4:00 pm
                        Sunday: 9:00 am - 2:00 pm

REGISTRATION POLICY
ALL PROGRAMS, unless otherwise stated, will register as follows:
All registration will be done either by mail, online, drop box or in person at the Parks & Recreation Building or the Ontario Community Center. The drop box, program announcements and registration forms are located on the front entrance of the Parks and Recreation Building. The drop box will be emptied at 9:00 am, Noon, and 3:00 pm each day of a registration period.

WAYNE CENTRAL SCHOOL OWNED/OPERATED FACILITIES
For programs conducted at facilities and/or operated by Wayne Central School District, the non-registration criteria shall be as follows:
1) The first period of registration shall be limited to residents of the Town of Ontario and Wayne Central School District.
2) The second period of registration shall be open to residents and residents outside the District of Wayne Central.

ONTARIO TOWN BOARD
Frank Robusto, Supervisor
Joe Catalano, Councilman
Rick Leszyk, Councilman
Jason Ruffell, Councilman
Scott TeWinkle, Councilman

ONTARIO PARKS & RECREATION STAFF
William I. Riddell .......... Parks and Recreation Director
Kimberly Millard ............ Assistant Recreation Director
Jeremy Peets ................. Recreation Maintenance Worker
Ben Aman ...................... Recreation Leader
Raymond Sanger ............ Groundskeeper
Vivian Taylor-Kalinowski ... Senior Site Manager

ONTARIO PARKS & RECREATION ADVISORY BOARD
Annette Eaton
Mary Hughson
Robert Kelsch
Virginia Molino
Jackie Stauring-Robusto
Lee Stramonine
Coralie TeWinkle

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www.ontariotown.org
PRE-SCHOOL PROGRAMS

PRE-SCHOOL DAY CAMP
Start preparing your child for Kindergarten while enjoying the fun and games of day camp. Each participant will learn games, create arts & crafts, sing songs, listen to stories and enjoy some special activities.

Please bring snack, water bottle, bathing suit and a towel in a back pack.

AGES: 3 - 5 years old
(Not yet in Kindergarten and has ability to use the facilities)
WHEN: Monday - Thursday
TIME: 9:00 am - Noon
WHERE: Ontario Community Center
FEE: $45.00 per session

Session I
July 9 - 12
Session II
July 16 - 19
Session III
July 23 - 26
Session IV
July 30 - August 2
Session V
August 6 - 9
Session VI
August 13 - 16

PRINCESS & PIRATE CAMP
This fun day camp is intended to stimulate kids’ wildest imaginations while enjoying structured play. We are very excited to see you all there! Please wear comfortable clothing and bring your water bottle. Attention Princesses: Be sure to bring a labeled hairbrush.

AGES: 3 – 6 years old
WHEN: Monday - Friday, July 23 - 27
TIME: 9:00 – 11:30 am
WHERE: DCT Company, 2013 Ridge Road, Ontario
FEE: $40.00

TINY TIGERS KARATE CAMP
Just as much fun as our Tiny Tigers classes! Personal safety is a huge concern for parents so our focus for this camp will be on learning self-protection skills. A must for all kids!

AGES: 4 - 7 years old
WHEN: Monday - Thursday; July 9 - 12
TIME: 9:00 - 11:00 am
WHERE: Kuk Sool Won Studio on Route 104 located next to Bill Gray’s
FEE: $90.00

TINY TIGERS
Let us teach you the basics in karate, self defense and “stranger danger” in a fun, non-threatening environment. Children will learn how to kick, punch and fall down without getting hurt.

AGES: 4 - 7 years old
WHEN: Monday & Wednesday
WHERE: Kuk Sool Won Studio on Route 104 located next to Bill Gray’s
FEE: $45.00 for one day; $60.00 for both days

MOM (POP) & ME IN THE PARK
Build life long bonds with your child early through interaction while learning songs, tumbling and different types of games. Increase coordination and develop large & small motor skills in a safe, comfortable environment. It is a great first socialization experience for children as well as a way for moms/dads to meet new friends and explore the wonders of Casey Park.

AGES: 18 months - 4 years old
TIME: 9:00 - 10:00 am
WHEN: Fridays, July 13 - August 17
WHERE: Ontario Community Center
FEE: $25.00

LITTLE CHEFS
Mom or Dad - help your child learn to cook in the kitchen with you! Teach your child the basics in the kitchen and learn how to incorporate them while you cook at home too. A healthy, delicious snack will be made together!

AGES: 3 - 8 years old
WHEN: Saturday, July 21
TIME: 9:00 - 10:00 am
WHERE: Adult Activity Center
FEE: $16.00

TINY TOTS RIDING LESSONS
Horse riding is a wonderful way to get exercise while enjoying the outdoors. Lessons cover basic riding techniques and horsemanship skills. A great introduction to horseback riding. Helmets are provided.

AGES: 2 - 5 years old

AVAILABLE DATES:
Saturdays: July 21, August 4
TIME: 8:30 - 9:00 am
WHERE: Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth
FEE: $25.00 each class

HORSEY KINDERGARTEN CAMP
This fun day camp is intended to show you how to take care of a horse as if it were your own. Learn how to groom, care and feed a horse as and enjoy daily riding lessons and horse-based crafts.

AGES: 4 – 6 years old
WHEN: Monday - Friday, July 16 - 20 or August 6 - 10
TIME: 10:00 am – 12:00 pm
WHERE: Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth
FEE: $175.00

PRINCESS & PIRATE CAMP
This fun day camp is intended to stimulate kids’ wildest imaginations while enjoying structured play. We are very excited to see you all there! Please wear comfortable clothing and bring your water bottle. Attention Princesses: Be sure to bring a labeled hairbrush.

AGES: 3 – 6 years old
WHEN: Monday - Friday, July 23 - 27
TIME: 9:00 – 11:30 am
WHERE: DCT Company, 2013 Ridge Road, Ontario
FEE: $40.00

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AGES: 4 - 7 years old
WHEN: Monday - Thursday; July 9 - 12
TIME: 9:00 - 11:00 am
WHERE: Kuk Sool Won Studio on Route 104 located next to Bill Gray’s
FEE: $90.00

TINY TIGERS
Let us teach you the basics in karate, self defense and “stranger danger” in a fun, non-threatening environment. Children will learn how to kick, punch and fall down without getting hurt.

AGES: 4 - 7 years old
WHEN: Monday & Wednesday
WHERE: Kuk Sool Won Studio on Route 104 located next to Bill Gray’s
FEE: $45.00 for one day; $60.00 for both days

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Build life long bonds with your child early through interaction while learning songs, tumbling and different types of games. Increase coordination and develop large & small motor skills in a safe, comfortable environment. It is a great first socialization experience for children as well as a way for moms/dads to meet new friends and explore the wonders of Casey Park.

AGES: 18 months - 4 years old
TIME: 9:00 - 10:00 am
WHEN: Fridays, July 13 - August 17
WHERE: Ontario Community Center
FEE: $25.00

LITTLE CHEFS
Mom or Dad - help your child learn to cook in the kitchen with you! Teach your child the basics in the kitchen and learn how to incorporate them while you cook at home too. A healthy, delicious snack will be made together!

AGES: 3 - 8 years old
WHEN: Saturday, July 21
TIME: 9:00 - 10:00 am
WHERE: Adult Activity Center
FEE: $16.00

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Horse riding is a wonderful way to get exercise while enjoying the outdoors. Lessons cover basic riding techniques and horsemanship skills. A great introduction to horseback riding. Helmets are provided.

AGES: 2 - 5 years old

AVAILABLE DATES:
Saturdays: July 21, August 4
TIME: 8:30 - 9:00 am
WHERE: Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth
FEE: $25.00 each class

HORSEY KINDERGARTEN CAMP
This fun day camp is intended to show you how to take care of a horse as if it were your own. Learn how to groom, care and feed a horse as and enjoy daily riding lessons and horse-based crafts.

AGES: 4 – 6 years old
WHEN: Monday - Friday, July 16 - 20 or August 6 - 10
TIME: 10:00 am – 12:00 pm
WHERE: Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth
FEE: $175.00
TAP/JAZZ/BALLET CLASSES
If you would like your child to try dance during the summer before making the full year commitment, these classes are great! Beginning/Intermediate skills for tap, jazz, and ballet will be taught. Attire: tights and a leotard. Some shoes may be available to borrow on a first come basis.

WHEN: Saturdays, July 21 - August 18
WHERE: Strike It Up Artistic Center, 2045 Route 104, Ontario

AGES: 
- 2-4 Boogie Babies: 9:00 - 9:45 am $40.00
- 5-7 Tap & Ballet: 9:45 - 10:45 am $55.00
- 8-10 Tap, Jazz, Ballet: 9:00 - 10:30 am $65.00

BIG CHEFS
Are you ready to learn how to cook a snack for yourself? Learn cooking basics and how to help in the kitchen while at home too. A healthy, delicious snack will be made together!

AGES: 9 - 13 years old
WHEN: Saturday, July 21
TIME: 10:00 - 11:30 am
WHERE: Adult Activity Center
FEE: $16.00

HIP HOP SATURDAYS
Does your child already know how to shake their tail feathers? Or do they try to mimic the latest dance styles? Well, this is the class for them! These Hip Hop classes are introductory dance classes that teach the newest funky fresh moves in a fast-paced, high-energy environment, using music they’ll love and moves they can relate to!

AGES: 5 - 8 years old (Mini Bop) @ 11:15 am - 12:00 pm
- 8-10 years old (Jr. Bop) @ 10:30 - 11:15 am
- 10 & up (Teen Hip Hop) @ 12:15 - 1:00 pm
WHEN: Saturdays, July 21 - August 18
WHERE: Strike It Up Artistic Center, 2045 Route 104, Ontario
FEE: $40.00

SUMMER ACRO
If your child loves somersaults, cartwheels and dance, then this class is for them. It is designed to be a mix of tumbling and dance moves. This class builds strength and conditioning, and is a way to help build skills for cheerleading. (Spotters and skilled assistants will be present.)

WHEN: Saturdays, July 21 - August 18
WHERE: Strike It Up Artistic Center, 2045 Route 104, Ontario
FEE: $55.00
TIME: 
- 9:45 - 10:45 am (Ages 4-5)
- 10:45 - 11:45 am (Ages 6-9)
- 11:45 am - 12:45 pm (Ages 10 & up)

A PRINCESS TALE! - PRINCES ALSO WELCOME
Once again, Strike It Up Artistic Center is putting on a one-week introductory level summer theater camp. Children will sing, create movement, act and make their own props.

AGES: 4 – 7 years old
WHEN: Monday - Friday, August 13 - 17
TIME: 4:15 – 7:15 pm
WHERE: Strike It Up Artistic Center
2045 Route 104, Ontario
FEE: $150.00

CHEER BOOT
This camp is intended for those who want to sharpen their cheer skills. With a focus on major routine elements, it is a fun way to experience and practice cheerleading! We will spend time working on jumps, conditioning, stunts, tumbling, cheers, dancing and stretching. We will put together a mini routine demonstration for parents!

AGES: 6 - 16 years old
WHEN: Saturday, August 18
TIME: 9:30 am - 12:30 pm
WHERE: Community Center Gymnasium
FEE: $40.00

SAFE AND SMART HOME ALONE
Feel safe and secure when you’re home alone. Whether it be for an hour after school or for the evening, you can be confident that you know how to protect yourself and how to react in the event of an emergency.

AGES: Boys and Girls; 8 - 11 years old
WHEN: Saturday, July 7
TIME: 9:00 am - 3:00 pm
WHERE: Adult Activity Center
FEE: $38.00

AHSI BABYSITTING COURSE
Ready to start babysitting and need the skills and training necessary? This training through the American Health & Safety Institute (AHSI) will help develop skills in six critical areas: leadership, safety, safe play, basic care, first aid and professionalism. Please bring a lunch, a notebook and a baby doll.

AGES: Boys and Girls; 11 - 16 years old
WHEN: Saturday, July 28
TIME: 9:00 am - 4:00 pm
WHERE: Adult Activity Center
FEE: $40.00

SUMMER THEATRE CAMP
Circus Dreams - “The Greatest Show” Continues” is the theme for this year’s camp! This two week program will perform an original show written by the teacher and will focus on the entire process of putting on a show! Including: music from this year’s blockbuster “The Greatest Show” and other musicals, theater terminology, costuming, and choreography. This is an innovative experience that gives each student a moment to shine in the spotlight. Performances will be on August 4 at a location to be determined.

AGES: 7 - 15 years old
WHEN: Monday - Friday, July 23 - August 4
TIME: 10:00 am - 4:00 pm
WHERE: Strike It Up Artistic Center, 2045 Route 104, Ontario
FEE: $325.00

HORSE RIDING LESSONS AT HILLRISE
Horse riding is a wonderful way to get exercise while enjoying the outdoors. Lessons cover basic riding techniques and horsemanship skills. Students need to wear pants and a boot or shoe with 1/2” heel. Helmets are provided.

AGES: 6 - 18 years old
WHEN: Mon: July 9 - July 30 @ 7:00 - 8:00 pm
Thurs: July 12 - Aug. 2 @ 4:00-5:00 pm or 5:00-6:00 pm
WHERE: Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth
FEE: $125.00 per session

www.ontariotown.org
OWN A HORSE FOR A WEEK
Looking to find a new way to enjoy the outdoors? Why not see it from a new perspective - on top of a horse. Learn the basic skills needed to own and care for a horse. Horse show at the end of the program. Camp provides safe and nurturing environment while students have an opportunity to develop skills in teamwork, responsibility and how to set and achieve individual goals.

AGES: 7 - 16 years old
WHEN: Monday - Friday
WHERE: Hillrise Equestrian Center
1624 Penfield Walworth Road, Walworth
FEE: $29.00 per day; $24.00 with member discount

NERF DART TAG
New this summer~our outdoor field with inflatables, obstacle course and timed trials. Athleticism, communication, sportsmanship, determination and FUN! This is Nerf dart tag! Teams will work together to outshoot, outmaneuver, and outsmart their opponents. Gather your friends and sign up to play our newest game on the outdoor field at the Community Center. Guaranteed to be a blast! Can’t commit to all six weeks? Drop-ins are welcome!

WHO: 7 - 16 years old
WHEN: Wednesdays, July 11 - August 15
WHERE: Community Center Back Fields
FEE: $29.00; $24.00 with member discount
Drop-ins Rate: $10.00 per day; $5.00 per day for members

SANDLOT SOCCER
Sandalot soccer offers an exciting and fun atmosphere, blended with skill development for players of different ages and experience levels. Volunteer coaches work with players to cultivate in-game skills, develop team camaraderie, and ensure an overall enjoyable and memorable experience. Experienced eight year olds are welcome to join the European Division. $10.00 late fee after July 1st.

Volunteer coaches needed. Referees needed. Call 315.524.7020

FEE: Residents $39.00; Non-residents $44.00
WHO: Boys & Girls ages 4 & 5
WHEN: Tues., July 17 - August 28
TIME: 6:00 pm
WHERE: Community Center outdoor fields

FEE: Residents $49.00; Non-residents $54.00
WHO: Boys & Girls ages 6 - 8
WHEN: Tues. & Thurs., July 17 - August 30
TIME: Games scheduled at 6:00 & 7:00 pm
WHERE: Community Center outdoor fields

TEEN DANCE
If your teen is looking for something to do this summer and would like to try dance, we have three introductory classes they may like to try.

AGES: Teens
WHEN: Saturdays, July 21 - August 18
TIME: 10:45 - 11:30 am ~ Teen Tap
11:30am - 12:15 pm ~ Teen Ballet
12:15 - 1:00 pm ~ Teen Hip Hop
1:00 - 2:15 pm ~ Teen Jazz/Lyrical
WHERE: Strike It Up Artistic Center, 2045 Route 104, Ontario
FEE: $40.00

SODUS BAY JUNIOR SAILING CAMPS
Sodus Bay Junior Sailing Association is a friendly and welcoming summer camp and has been offering instruction for youth on Sodus Bay for over 60 years. Our sailing curriculum is designed to provide all levels of instruction from beginner to advanced. The summer camp activities and adventure program provide a great summer experience. Memories are made and lasting friendships are fostered. For more information, we will be hosting an Open House on June 16 from 11:00 am - 3:00 pm at 7433 Clover Street, Sodus Point.

LEARN TO SAIL TWO WEEK SUMMER CAMP
Looking for fun water activities? SBJSA has a program for you! Days will be split between land classes and water activities. Campers will learn parts of the boat, sail trim, steering, capsize recovery procedures, and more, all with a focus on fun and safety. Instruction in the care and use of canoes, stand-up paddle boards, and kayaks will also be included. Each camper needs to bring a life jacket, rain gear, lunch, bathing suit, change of clothes, towel and closed toe water shoes. Waiver required upon registration and student handbook available.

WHO: Boys and Girls; Ages 8 - 16
WHEN: Monday-Friday; July 9 - 20 or July 23 - August 3
TIME: 9:30 am - 4:00 pm
WHERE: Sodus Bay Junior Sailing
7433 Clover Street, Sodus Point
FEE: $525.00

TWO-DAY INTRO TO SAILING & WATER CRAFT
Two-day introduction to sailing and water craft program is designed to introduce youth to water sports. The program will focus on the basics of sailing, water crafts and seamanship over two full days. The days are split between land and water activities. Each camper needs to bring a life jacket, rain gear, lunch, bathing suit, change of clothes, towel and closed toe water shoes. Waiver required upon registration and student handbook available.

WHO: Boys and Girls; Ages 8 - 16
WHEN: Monday & Tuesday; August 6 & 7 or Wednesday & Thursday; August 8 & 9
TIME: 9:30 am - 4:00 pm
WHERE: Sodus Bay Junior Sailing
7433 Clover Street, Sodus Point
FEE: $130.00
ONTARIO COUNTRY CLUB JR GOLF CAMP
Two great camp options! We present the social side of golf, allowing new players to interact with more experienced players. Players gain a deeper understanding of how golf involves so much more than just hitting a ball. An emphasis on fitness is included, along with proper ‘golf thinking’, and improving ‘swing mechanics’. Both camps spend the morning together learning the essential skills to build their game. Full day/ers stay for lunch in the grill room and then go back out for more individually targeted instruction using the big course when appropriate. Clubs provided, if needed. Full day golfers will need to bring a lunch or $5.50 to purchase a camp lunch.

AGES: 7 - 17 years old
Full Day at the Ontario Country Club:
WHEN: Monday - Thursday, 8:00 am - 5:00 pm
August 20 - 23
FEE: $175.00

Half Day at the Ontario Country Club:
WHEN: Monday - Thursday, 8:00 am - Noon
July 16-19; or July 23-26; or Aug. 6-9; or Aug. 20-23
FEE: $110.00

ARCHERY CAMP
Campers will strive to achieve personal bests every day in Summer Archery Camp. We provide the instructor, the range, and all the necessary equipment. All of our young archers will safely learn the fundamentals of a sport that is fun in both competition and individual sporting.

WHO: Students entering grades 4-6 @ 9:00 - 10:00 am
Students entering grades 7 & up @ 10:30 am - 11:30 am
WHEN: Monday - Thursday, July 30 - August 2
WHERE: Archery range located behind Maintenance Building
FEE: $49.00

EAGLES TENNIS CAMP
Stay fit and learn a new sport or brush up on your skills. Either way, this program is designed for all levels. Instruction is provided by the Wayne Varsity Tennis coach so come on out, improve your game, and have some fun. A racquet will be provided if needed.

WHO: Boys & Girls; Grades 3 - 9
WHEN: Monday - Friday; July 23 - 27
TIME: 11:00-12:30 pm (Gr 3-5); 12:30-2:00 pm (Gr 6-9)
WHERE: Wayne High School Tennis Courts
FEE: $50.00

WAYNE EAGLES FOOTBALL CAMPS
Wayne football camps put the ‘fun’ in fundamentals! Students in grades 7-12 will learn the Wayne Central Football “Family Philosophy” in a developmentally appropriate program. Each camp will provide individualized attention to the participants and all campers will receive a camp shirt that they can wear with pride.

WAYNE EAGLES BOOT CAMP
Prepare yourself physically and mentally for the fall sports season in Wayne Eagles Boot Camp. Student athletes will develop the skills needed for success on and off the field as they work to improve strength, speed, power, endurance, mental toughness, and team unity. Boot Camp will be led by the Wayne Central football coaching staff but all student athletes are welcome to attend. Registration deadline: June 25

WHO: Student athletes entering grades 7 - 12
WHEN: Monday, Wednesday & Friday, June 25 - August 3
TIME: 7:00 - 9:00 am; Grades 9-12; 9:00 - 10:00 am; Grades 7-8
***1st day ONLY ALL GRADES: 10:00 am - 12:00 pm ***
WHERE: Fitness Center at the Wayne Central High School
FEE: $50.00

SUMMER ALL SPORTS CAMP
Ease into the end of summer with a week of fun and games! The All Sports Camp features different sports for every day of the week including soccer, basketball, baseball, golf, swimming, track, football and more. Campers will go on a field trip to the Clubhouse Fun Center on Thursday, August 23, for a miniature golf/go cart outing. Please have campers wear sneakers, bring a lunch every day and COME READY TO PLAY BALL!

WHO: Boys and girls entering grades 1 - 7
WHEN: Monday - Friday, August 20 - 24
TIME: 9:00 am - 3:00 pm
WHERE: Meet in the Community Center turf arena
FEE: $89.00

WAYNE EAGLES YOUTH BASKETBALL CAMP
Boys and Girls: Camp will be run by Boys Varsity Coach Thomson and several varsity players. This camp will focus on specific skills: ball handling, shooting, dribbling, defense, passing, and rebounding. Each day will include a contest of the day, team games, awards and prizes.

WHEN: Monday - Thursday, August 20 - 23
WHERE: New High School Gym
GRADeS: Going into 3rd-5th
TIME: 8:00 - 10:00 am
Going into 6th-8th
TIME: 10:15 am - 12:15 pm
FEE: $65.00

KAYAK FLATWATER BASICS
Whether you’re a beginner or an advanced paddler, the Flatwater Basics course can offer some new insights on your technique and make your future trips safer and more comfortable. This course will focus on proper paddle strokes, and body positioning to increase your comfort and minimize impact on your body. We will also briefly discuss types of kayaks and their purposes, as well as how to properly outfit your kayak. The course will allow paddlers to test out their new techniques and ask questions. Kayaks, paddles and life vests provided for the first 10 registrants. You may bring your own kayak and life vest as well.

AGES: 10 years and above
WHEN: Saturday, July 21 or August 18
TIME: 1:00 - 4:00 pm
WHERE: Casey Park Ore Bed
FEE: $94.00

WAYNE EAGLES JR GOLF CAMP
Wayne Varsity Tennis coach so come on out, improve your game, and have some fun. A racquet will be provided if needed.

WHO: Boys & Girls; Grades 3 - 9
WHEN: Monday - Friday; July 23 - 27
TIME: 11:00-12:30 pm (Gr 3-5); 12:30-2:00 pm (Gr 6-9)
WHERE: Wayne High School Tennis Courts
FEE: $50.00

NEW HIGH SCHOOL GYM

WAYNE EAGLES JR GOLF CAMP
Wayne Varsity Tennis coach so come on out, improve your game, and have some fun. A racquet will be provided if needed.

WHO: Boys & Girls; Grades 3 - 9
WHEN: Monday - Friday; July 23 - 27
TIME: 11:00-12:30 pm (Gr 3-5); 12:30-2:00 pm (Gr 6-9)
WHERE: Wayne High School Tennis Courts
FEE: $50.00
SUMMER DAY CAMP

Day Camp is a place where children can interact with each other under the caring eye of our summer day camp staff. Our campers will have an opportunity to swim, canoe, participate in outdoor activities, weekly field trips and use their skills to create arts and crafts. Because the children participate in outdoor games **SNEAKERS MUST** be worn. Our Summer Day Camp is inspected by the New York State Department of Health. We guarantee everyone will have a good time. Children **MUST bring a lunch and a drink (unless otherwise noted)**. Please label all items your child brings to day camp. This will cut down on lost items.

**NOTE:** ***Upon registration, a Health Form (which includes vaccination records) MUST be filled out in order for the child to participate. Forms available online.***

**FEE:** (Field trips not included. Permission slips are available in the office and will be distributed the first day of camp. Slips must be returned with payment no later than 9:00am Wednesday in order for your child to participate. In the event your child does not attend the trip, there will be NO camp at the park that day.)

**Special Rate for Wayne Central Residents:**
**Only $450.00 for all 6 weeks**

**Special Rate for Non-Residents:**
**Only $500.00 for all 6 weeks**

**K - 3rd Grade Summer Day Camp**
(Grade currently in)
Casey Park Pavilion 1

**4th - 6th Grade Summer Day Camp**
(Grade currently in)
Casey Park Butler Pavilion

**2018 SUMMER DAY CAMP THEMES**

**Session 1** Sandy Shores
Hungry Hungry Hippos
Thursday, July 12

**Session 2** Rides & Slides
Seabreeze Amusement Park
Thursday, July 19

**Session 3** Aye Maity
Roseland Water Park
Thursday, July 26

**Session 4** Animal Antics
Seneca Park Zoo
Thursday, August 2

**Session 5** Slidin’ Away!
Seabreeze Amusement Park
Thursday, August 9

**Session 6** Splish Splash
Roseland Water Park
Thursday, August 16

**TIME:** 9:00am - 3:00pm
**Dates:**
- **Session 1**: July 9 - 13
- **Session 2**: July 16 - 20
- **Session 3**: July 23 - 27
- **Session 4**: July 30 - August 3
- **Session 5**: August 6 - 10
- **Session 6**: August 13 - 17

**K - 3rd Grade Summer Day Camp**
(Grade currently in)
Casey Park Pavilion 1

**4th - 6th Grade Summer Day Camp**
(Grade currently in)
Casey Park Butler Pavilion

**FEE:** (Field trips not included. Permission slips are available in the office and will be distributed the first day of camp. Slips must be returned with payment no later than 9:00am Wednesday in order for your child to participate. In the event your child does not attend the trip, there will be NO camp at the park that day.)

1st Child:
Wayne Central Resident: $85.00
Non-Resident: $99.00

Additional Child(ren):
Wayne Central Resident: $72.00
Non-Resident: $85.00

**2018 SUMMER DAY CAMP THEMES**

**Session 1** Sandy Shores
Hungry Hungry Hippos
Thursday, July 12

**Session 2** Rides & Slides
Seabreeze Amusement Park
Thursday, July 19

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**TIME:** 9:00am - 3:00pm
**Dates:**
- **Session 1**: July 9 - 13
- **Session 2**: July 16 - 20
- **Session 3**: July 23 - 27
- **Session 4**: July 30 - August 3
- **Session 5**: August 6 - 10
- **Session 6**: August 13 - 17

**FEE:** (Field trips not included. Permission slips are available in the office and will be distributed the first day of camp. Slips must be returned with payment no later than 9:00am Wednesday in order for your child to participate. In the event your child does not attend the trip, there will be NO camp at the park that day.)

1st Child:
Wayne Central Resident: $85.00
Non-Resident: $99.00

Additional Child(ren):
Wayne Central Resident: $72.00
Non-Resident: $85.00
PICKLEBALL FOR BEGINNERS
Pickleball is a hot new sport that’s sweeping the country, and it’s fun for all ages, including the 55 and over crowd. A cross between tennis, badminton and ping pong, pickleball is a great way for mature adults and athletes to stay fit. This class will introduce the basic rules of the game and allow the novice player to become familiar with serving, strategy, rules, scoring and equipment, for both singles and doubles play. Try it and you’ll be hooked too.

WHO: Open to all adults
WHEN: Fridays, September 7 - 28
TIME: 10:30 - 11:45 am
WHERE: Community Center Gymnasium
FEE: $32.00

WATER YOGA
A class that presents Yoga poses in our 89 degree salt pure pool that enhances strength, increases range of motion, improves balance and includes relaxation techniques.

WHEN: Thursdays, June 28 - August 16
TIME: 8:15 - 9:00 am
WHERE: Penfield Sport & Fitness
667 Panorama Trail W.
FEE: $79.00

BOOT CAMP
45 minutes of a total body workout! This class will include running drills, steps, weights and bands. You do have the option of using your own body weight. Meets three times a week for six weeks.

WHEN: July 10 - August 18
TIME: Tuesdays & Thursdays; 5:30 - 6:15 pm
Saturdays; 7:15 - 8:00 am
WHERE: Penfield Sport & Fitness; 667 Panorama Trail W.
FEE: $99.00

SMALL GROUP TRAINING
Kick start your workout in Small Group Training and get the results you’ve been looking for. You’ll experience the motivational benefits of working out within a group while getting individual attention from our staff trainer. Class format resembles a cross between Boot Camp & Circuit Training. Class size is limited, so register early.

WHO: Adults
WHEN: Tuesdays & Thursdays; 8:30 - 9:30 am
WHERE: Community Center Turf Arena
FEE: Tues. & Thurs.: $60.00 Member; $84.00 Non-member
Tues. or Thurs.: $30.00 Member; $42.00 Non-member
$7.00 per Individual Class (Drop-in)

Session I: July 19 - August 28
Session II: August 30 - October 9

THURSDAY EVENING SMALL GROUP
WHEN: Thursdays: 4:15 - 5:15 pm
Session I: June 21 - July 26
Session II: August 2 - September 6
WHERE: Community Center Gym or Turf Arena
FEE: $42.00; $30.00 with member discount

PICKLEBALL COURT HOURS
Drop-in pickleball court time is available free to members, twice weekly. Join in on the fun!

WHEN: Mondays & Wednesdays, 9:30 am - 12:30 pm
FEE: Free to members, Non-members $5.00

Additional court time for 2 to 4 players may be reserved in one-hour blocks on the following days and times. 24-hour advance notice is required. If the courts are not reserved for an hour block, they will be broken down to allow for other members to utilize the space.

WHEN: Pickleball Court Reservations
Sundays: 9:30-10:30 am; 10:30-11:30 am; 11:30 am-12:30pm
Fridays: 12:00-1:00 pm; 1:00-2:00 pm; 2:00-3:00 pm
FEE: $5.00 per hour per Non-member player
$4.00 per hour per Member player

TAI CHI - YANG STYLE
A lifetime wellness tool that can be performed with lessons and home practice, anywhere at any age, and the only equipment required is you. Body mechanics improve with slow, smooth, controlled movements. Balance, flexibility and range of motion are enhanced, and the mind skills with concentration on the posture being performed, promoting a sense of calm. Register soon as class size is limited to 12 participants. Level 2 class builds off of Level 1. Must have completed our Level 1 class to register for Level 2.

WHO: Adults
WHEN: Mondays
Level 1: July 9 - August 6
Level 2: August 13 - September 24 (Prerequisite Level 1)
No Class 8/20 & 9/3
TIME: 7:00 - 8:00 pm
WHERE: Ontario Community Center Group Ex
FEE: $45.00

KAYAK FLATWATER BASICS
Whether you’re a beginner or an advanced paddler, the Flatwater Basics course can offer some new insights on your technique and make your future trips safer and more comfortable. This course will focus on proper paddle strokes, and body positioning to increase your comfort and minimize impact on your body. We will briefly discuss types of kayaks and their purposes, as well as, how to properly outfit your kayak. The course can offer some new insights on your technique and make your future trips safer and more comfortable.

Whether you’re a beginner or an advanced paddler, the Flatwater Basics course can offer some new insights on your technique and make your future trips safer and more comfortable. This course will focus on proper paddle strokes, and body positioning to increase your comfort and minimize impact on your body. We will briefly discuss types of kayaks and their purposes, as well as, how to properly outfit your kayak. The course can offer some new insights on your technique and make your future trips safer and more comfortable.

WHO: Any licensed driver
WHEN: Saturday, August 11
WHERE: Adult Activity Center
TIME: 8:30 am - 3:00 pm
FEE: $20.00 AARP Member; $25.00 Non-members

AARP DRIVER SAFETY PROGRAM
Learn defensive driving techniques, new traffic laws, rules of the road and much more in this 6-hour course. Find out how to adjust your driving to your age-related changes in vision, hearing and reaction time. You’ll even get an insurance discount!!

WHO: Any licensed driver
WHEN: Monday, August 18
WHERE: Ontario Community Center Group Ex
TIME: 9:00 am - 3:00 pm
FEE: $45.00

Registration required prior to class
Payment given directly to instructor day of class

www.ontariotown.org
ADULT & SENIOR PROGRAMS

**SENIOR SMALL GROUP TRAINING**

Keep your body going strong! Senior Small Group Training is targeted specifically to active older adults. You’ll experience the motivational benefits of working out within a group while getting individual attention from our staff trainer. Class size is limited, so register early.

**WHO:** Active older adults  
**WHEN:** Mondays & Wednesdays; 8:30 - 9:30 am  
**WHERE:** Community Center Turf Arena  
**FEE:** Mon. & Weds.: $60.00 Member: $84.00 Non-member  
Mon. or Weds.: $30.00 Member; $42.00 Non-member  
$7.00 per Individual Class (Drop-in)

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<td><strong>No class July 4</strong></td>
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**CARD MAKING CRAFT**

Have you ever received a handmade card and wondered how to make one? Here’s your chance to learn how to make two unique greeting cards. Send them to someone you want to make feel special. They’re simple and addicting. Join us and find out how easy it can be! This is a free program but registration is required.

**WHEN:** Tuesday, July 24  
**WHERE:** Adult Activity Center  
**TIME:** 10:30 am

**ESSENTIAL OILS 101: FAD OR SCIENCE?**

Are you curious about the benefits of Essential Oils? Essentials Oils have been used for thousands of years. This class will teach you the facts about oils and how to incorporate them into your health and wellness regime. Essential oils proactively support all body systems and promote physical, emotional and spiritual balance, allowing you to live your best, healthiest life! This is a make and take class: you will choose the oil blend you would like to try and take home a roller bottle to test for yourself.

**WHO:** Adults  
**WHEN:** Tuesday, July 31 @ 10:45 - 11:45 am  
**WHERE:** Adult Activity Center  
**FEE:** $12.00

**GENEALOGY: START AT THE BEGINNING**

Want to learn about your family history but not sure where to start? Let us help you. This multi session class is designed to show you how to uncover the truth about your past. We will discuss different websites that may be utilized and how to determine what information is valid. Please bring a notebook and any information that you may already have obtained.

**WHEN:** Tuesdays, July 17 & 24  
**TIME:** 1:30 - 2:45 pm  
**WHERE:** Adult Activity Center

**HOW DOES MY GARDEN GROW**

Join this fun discussion on plants and herbs and how to get the most out of your garden. Whether you’re looking for flowers to cut for displays or helpful hints on pruning, transplanting and maintaining containers, this class is for you.

**WHEN:** Tuesday, August 14  
**TIME:** 1:30 pm  
**WHERE:** Adult Activity Center

**EDWARD JONES COFFEE HOUR**

Edward Jones invites you to join us at the next meeting of our coffee club where we’ll have a brief presentation on current events in the market and economy followed by an informal discussion. Coffee and pastries are on us!

**WHO:** Adults  
**WHEN:** Friday, September 7  
**WHERE:** Adult Activity Center  
**TIME:** 9:00 - 10:00 am

Family and friends are welcome to join us.  
Please call 315-524-3130

**LET’S PAINT A FALL TREE LANDSCAPE**

We had so much fun with our spring painting program ~ we’re going to do it again! Join us for a group-led acrylic painting class where we will paint a Fall Tree Landscape. Canvas, paint and paintbrushes will be provided, but if you have supplies that you would like to use, feel free to bring them. Wear your crafty clothes, bring a lunch and we’ll have a great time! **Free program but registration is required.**

**WHEN:** Thursday, September 27  
**TIME:** 11:00 am  
**WHERE:** Adult Activity Center

**TRIP TO THE CITY MARKET**

Plan on spending the morning with us as we take a ride out to the Rochester City Market. Bring your shopping bag or market cart to walk through and buy from local vendors with their goods straight from the farms. There is nothing better than fresh picked vegetables and fruit for your next meal. Registration is required.

**WHEN:** Thursday, September 13  
**WHERE:** Meet at the Adult Activity Center  
**TIME:** Bus departs at 9:00 am

**PICNIC IN THE PARK**

The Ontario Parks & Recreation Department would like to invite you to our annual end of summer picnic. Join us for an afternoon of tasty food and good times at the park as we say goodbye to the lazy days of summer. Bring a dish to pass and your appetite. All are welcome but registration is required.

**WHEN:** Thursday, September 6  
**WHERE:** Adult Activity Center  
**TIME:** Noon

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All programs in Green are held in the Adult Activity Center located in the back room of the Administration Building at Casey Park. Programs in Orange are held at the Ontario Community Center. Registration is required to reserve your spot for ALL programs.

All other programming is held in the Nutrition Room located at Brown Square Apartments Bldg #1.

- The Ontario Parks & Recreation’s Exercise program has been specially designed for senior citizens. Classes are one hour and focus on developing and maintaining flexibility, range of motion, strength and endurance in a fun atmosphere. We guarantee that you will feel more energetic after you leave this great program.

Call the senior site at 524-3034 for more information.
- Join Edward Jones on Friday, June 1st for their informative discussion on current events in the market and economy followed by an informal discussion. Coffee and pastries are on us!
- The Visiting Nurse services will be hosting a Fall Prevention talk on Tuesday, June 5 at 11:45 am. Be sure to call Vivian to reserve a lunch following this informative talk.
- The Ontario Parks and Recreation Department would like to invite you to the first concert of the summer series on Thursday, June 21st @ 7:00 pm.

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### July 2018 Senior Calendar

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**All sites will be closed on Wednesday, July 4th in observance of Independence Day.** Offices will return to normal business hours on Thursday, July 5th.

**A Medicaid Representative will be hosting a presentation discussing available Medicaid In-Home Services on Tuesday, July 10th beginning at 11:45am.** Please call Vivian at 315.524.3034 to reserve a lunch.

- The September Club would like to invite you to their annual picnic on Wednesday, July 18th at Noon. Bring a dish to pass and join in on the fun!
- Want to learn about your family history but not sure where to start? Let us help you. This multi-session class is designed to show you how to uncover the truth about your past. Hosted July 17 & 24th. Registration required.

All programs in **Green** are held in the Adult Activity Center located in the back room of the Administration Building at Casey Park. Programs in **Orange** are held at the Ontario Community Center. Registration is required to reserve your spot for ALL programs.

All other programming is held in the Nutrition Room located at Brown Square Apartments Bldg #1.

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</table>

**How Does My Garden Grow**

- **Saturday, August 11th** the Ontario Parks and Recreation Department is hosting an AARP Driver's Safety Course from 8:30am - 3:00pm. Course fee is $20.00 AARP member; $25.00 Non-member. Payment is due day of class directly to the instructor. Pre-registration is required.

- **The Ontario Parks & Recreation Department hosts Bingo on the second and fourth Wednesdays of the month. Join in on the fun and take a break from the summer heat!**

- **Leita King is back to present an Update on Scams. Learn what is happening now so you can properly protect yourself. Discussion begins at 11:45 am on Wednesday, August 22nd. Be sure to call ahead and reserve a lunch.**

- **Craft Day at Brown Square is Friday, August 24th at 10:00am. Join Sharon as she leads you through the process of making a beautiful handmade card. Call Vivian at 524-3034 to register to and to reserve a lunch.**

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All programs in **Green** are held in the Adult Activity Center located in the back room of the Administration Building at Casey Park. Programs in **Orange** are held at the Ontario Community Center. Registration is required to reserve your spot for ALL programs.

All other programming is held in the Nutrition Room located at Brown Square Apartments Bldg #1.
### September 2018
#### Senior Calendar

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| ![Sites Closed](image) | 4 Bingo 9:45 am  
Lunch 12:00 | 5 Exercise Program 10:00am  
Lunch 12:00 | 6 Social Crochet/Knitting  
9:00 - 11:00 am  
Grocery Run to Wegmans 10:00 am  
Picnic in the Park Noon  
Lunch 12:00  
Bingo 1:30 pm | 7 Coffee House with Edward Jones 9:00 am  
Lunch 12:00 |
| 3 SITES CLOSED FOR HOLIDAY | 10 Prescription Drug Safety  
11:45 am  
Lunch 12:00 | 11 Bingo 9:45 am  
Lunch 12:00 | 12 Social Crochet/Knitting  
9:00 - 11:00 am  
Grocery Run to Wegmans 10:00 am  
City Market Trip  
9:00 am - 1:00 pm  
Lunch 12:00  
Bingo 1:30 pm | 14 Lunch 12:00 |
| 17 Lunch 12:00 | 18 Bingo 9:45 am  
Lunch 12:00 | 19 Exercise Program 10:00am  
Lunch 12:00  
**September Club 12:00 pm** | 20 Social Crochet/Knitting  
9:00 - 11:00 am  
Grocery Run to Wegmans 10:00 am  
Lunch 12:00  
Bingo 1:30 pm | 21 Lunch 12:00 |
| 24 Lunch 12:00 | 25 Bingo 9:45 am  
Lunch 12:00 | 26 Exercise Program 10:00am  
Lunch 12:00  
Birthday Celebration | 27 Social Crochet/Knitting  
9:00 - 11:00 am  
Grocery Run to Wegmans 10:00 am  
Paint Fall Landscape  
11:00 am  
Lunch 12:00  
Bingo 1:30 pm | 28 Craft Day 10:00 am  
Lunch 12:00 |

*All programs in Green are held in the Adult Activity Center located in the back room of the Administration Building at Casey Park. Programs in Orange are held at the Ontario Community Center. Registration is required to reserve your spot for ALL programs. All other programming is held in the Nutrition Room located at Brown Square Apartments Bldg #1.*

- All sites will be closed on Monday, September 3rd in observance of Labor Day. Offices will return to normal business hours on Tuesday, September 4th.
- The Ontario Parks & Recreation Department would like to invite you to their annual Picnic in the Park at Noon, Thursday, September 6th. Registration is required - please bring a dish to pass.
- A Prescription Drug Safety presentation will be hosted on Monday, September 10th at 11:45am. Be sure to mark your calendar!
- Annual Fall trip to the City Market is scheduled for Thursday, September 13th. The bus will depart Casey Park at 9:00am sharp! Reservations required.
- We had so much fun with our spring painting program ~ we’re going to do it again! Join us for a group-led acrylic painting class where we will paint a Fall Tree Landscape on Thursday, September 27 beginning at 11:00 am.
ONTARIO PARKS & RECREATION
PROGRAM REGISTRATION FORM

I hereby unconditionally release the Ontario Parks & Recreation Department, and any of its staff, from all responsibility or liability in connection with any and all activities for the participants listed above, for the current calendar year. I acknowledge that neither I nor my children, suffer from any physical impairments and have no limitations, other than listed below, which may predispose me/my child to risk during any recreation activity. I give permission for a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to myself/child/ward when normal permission is unavailable. I authorize the party or person in charge of my child’s activity to seek medical care.

Medical Conditions or Limitations:
____________________________________________________________________________________________________________________________________________________
____________________________________________________________________________________________________________________________________________________
____________________________________________________________________________________________________________________________________________________

☐ I give my permission for photos taken of my child(ren) or myself to be used for promotional purposes.

Date: _______________ Signature: ________________________________
( Parent or guardian if participant is under 18)

www.ontariotown.org
Community Center Summer Hours
May 25 - September 30
Mon. - Thurs. 7:00 am - 9:00 pm
Fri. 7:00 am - 7:00 pm
Sat. 9:00 am - 4:00 pm
Sun. 9:00 am - 2:00 pm

Child Watch in the Constellation Pre-School Room
Community Center members have the added convenience of bringing their young children with them when they come to the center to exercise. The Child Watch Room is directly across the hall from the fitness center. Parents can relax, knowing that their children are close by in a safe, supervised environment. Children ages 18 months to 8 years of age.

Cost per visit: $2.00 per child
Punch Pass: $16.00 for 10 visits or $25.00 for 20 visits

Child Watch Hours:
Saturdays  8:00 - 10:30 am
Mon. & Wed.  9:00 - 10:30 am
No Mon. or Wed. Child Watch in July & August
Mon. - Thurs.  5:30 - 8:00 pm
Parents must stay in the building while their children are in the child watch area.

Frolicking Families in the Constellation Room
The Constellation Room is open for family use anytime no programming is going on in the room. Stay and play with the kids or bring two adults and take turns working out. One adult must stay in the room at all times. FREE program - members only please.

Membership Rates and Packages
Joining Fee: $25.00 for individuals, $50.00 for couples and families; Monthly and quarterly packages will be automatically charged to credit card or drafted from bank account. Annual packages will be billed by mail. Guest passes are available for $5.00 per day. Qualified family members include: An adult and his or her spouse, and any of their unmarried children, residing in their home, up to 26 years of age. Additional household members do not qualify for membership. All members must be 12 years of age or older to use the fitness equipment or group exercise classes. Students ages 10 and 11 may take the Junior Membership Training class to qualify. Student Summer Memberships: May 1 - August 31; $40.00

<table>
<thead>
<tr>
<th>Membership Package</th>
<th>District Monthly</th>
<th>District Quarterly</th>
<th>District Yearly</th>
<th>Non-District Monthly</th>
<th>Non-District Quarterly</th>
<th>Non-District Yearly</th>
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<tbody>
<tr>
<td>Student (full time only)*</td>
<td>$10.00</td>
<td>$25.00</td>
<td>$80.00</td>
<td>$14.00</td>
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<td>Senior (55+)</td>
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<tr>
<td>Single Parent Family</td>
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<td>$60.00</td>
<td>$220.00</td>
<td>$27.00</td>
<td>$75.00</td>
<td>$280.00</td>
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</table>

*Student members must be at least 12 years of age and provide proof of full time student status.
Ab Express with Power & Pump
Ab Express - Wake up those ab muscles! Join ab express immediately before Power & Pump on Saturday morning and get in a quick, intense ab workout. Stay for Power & Pump and you’ll be in great shape to take on the weekend.

Power and Pump is a multi-level class designed for cardio lovers. An interval format of cardio and resistance training intervals to burn fat! Come ready to work.

Body Sculpt
Start sculpting your body today. This class includes both strength training and high intensity cardio and is appropriate for beginners to more advanced participants.

Body Works
Get the results you’ve been looking for with this lightweight dumbbell workout. You’ll feel stronger, stand taller, and look great.

Yoga
This class overcomes the mystery of yoga by delivering a practical, user-friendly style, which is accessible, understandable, and doable by individuals at any level of fitness. It blends balance, strength, flexibility and power in a fitness format. The YogaFit style reduces the risk of injury and augments recovery for conditions including stress, lower back pain and tension.

Kardio Kickboxing
A high energy class combining movements from boxing, martial arts, and kickboxing, set to powerful music. Burn calories and tone your body while building strength, stamina, and incredible mental and physical focus.

Pilates
Based on the principles of Joseph H. Pilates and taught by our certified instructor, all movements are performed on mats using the core muscles of the body. Appropriate for beginners as well as more advanced students. Offered Tuesday evenings and Wednesday mornings for your convenience.

Pilates with Stability Ball
A different twist on Pilates. In addition to mat work this class uses stability balls and resistance bands. No prior Pilates experience required.

Zumba®
Our goal is simple: We want you to want to work out, to love working out, to get hooked. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you’ve got Zumba!

SilverSneakers® Classic
Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living. Hand-held weights, tubing with handles and a ball are offered for resistance, and a chair is used for seated and/or standing support.

SilverSneakers® Yoga
Yoga Stretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Zumba Gold®
Zumba Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, and those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, the exhilarating, easy-to-follow moves, and the invigorating, party-like atmosphere. Active older adults want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold is the perfect fit.

Personal Training Packages
Learn how to make the most of your workout and achieve your health and fitness goals with the help of our qualified personal training staff. Price is based on the number of sessions purchased at the time of booking. One Session $40.00; Three Sessions $100.00; Five Sessions $150.00

FITNESS CENTER JUNIOR CERTIFICATION
BOYS & GIRLS AGES 10 & 11
Get your pre-teen started out on the right foot. This comprehensive course is designed to teach junior members the proper use of cardio and strength training equipment. Topics covered include stretching, gym etiquette, exercise safety, resistance training techniques, and good nutrition. This course is designed for students who are part of a family membership. Upon successful completion, students will be allowed to work out with their parents in the fitness room.

AGES: 10 & 11 year old members
WHEN: Fridays, 5:30 -7:00 pm
DATES: August 3 or September 7
WHERE: Fitness Center
FEE: $20.00

Courses are free to members, $7.00 for non-members.
Class participation is on a first come first serve basis. Capacity may be limited.
2018 Special Events for Heritage Square Museum at Brick Church Corners
7147 Ontario Center Road, Ontario, NY

June 30-July 1  Military Encampments 10:00 am - 4:00 pm, Food available
July 8  Summer Sunday at the Square for Children: “Villagers Occupations Day”, 1:30 - 4:00 pm
July 28  Trunk Sale, 9:00 am - 2:00 pm, Food available, Music from 12:00 (Noon) - 2:00 pm
August 12  Summer Sunday at the Square for Children: “Pioneer Family Life Day”, 1:30 - 4:00 pm
September 29  Fall Arts & Crafts Event, Bake Sale, 9:00 am - 3:00 pm, Food available
October 6-7  Last weekend for Guided Tours, 1:30 - 4:00 pm
October 13  Cemetery Walk (watch newspapers for place & time)

PICNIC FUN KITS
Are you using a pavilion at Casey Park or having a family picnic? Picnic Fun Kits will be the life of your picnic. If you are a resident of the town of Ontario, you can rent a Picnic Fun Kit for $9.00. In your fun kit is everything you need for a family get together.

Soccer Ball  Football
Volleyball  Kickball
Bases  Horseshoes
Frisbee  Bocce Set
Whiffle Ball & Bat
All in a convenient carry bag.
Add a volleyball/badminton net for $6.00.

MEMORIAL PLAQUES
Memorial Point, Bear Creek Harbor
Memorial Plaques are available for anyone to purchase. These bronze plaques will be 2” by 7”. They will be permanently affixed to the eastern retaining wall facing Memorial Point prior to Memorial Day of each year.

The plaques are reserved for men or women who have served in the United States of America Armed Forces.

The cost of these plaques is $125.00. Checks are to be payable to the Town of Ontario and to be accompanied by an order form available at the Town of Ontario Parks and Recreation Dept. Please contact us with any questions at 315-524-7447.

Ontario Public Library
1850 Ridge Rd., Ontario, NY 14519
315-524-8381
www.ontariopubliclibrary.org

Visited the library recently? Stop by — often! Or visit on the web! You can get books, audio books, magazines, cake pans, music CDs, and DVDs. But did you know we also have downloadable audio books, ebooks and Preloaded Kindles and study and reading spaces, art displays, Wi-Fi -- and programs, lots of programs, too.

Monthly Book Talks & Clubs for Adults
• Afternoons with Non-Fiction: Tuesday, June 5 at 1:00 pm
• Open Knit: Weekly Tuesdays at 10:30 am

Other Events for Adults: Register
• Writers Meet Readers: Wednesday, June 13 at 6:30 pm
• Libraries Rock: Adult Summer Reading Starts June 25 ~ Read what you want and enter into a weekly drawing

Children & Teens Libraries Rock Summer Reading Program!: Register!
• Libraries Rock Summer Reading Kick-off: All ages: Monday, June 25 (Pick one time) 10:30 am, 12:30 pm or 2:30 pm
• Libraries Rock Summer Storytime for Preschoolers & Toddlers: Tuesdays at 10:15 am, June 26 - July 31
• Libraries Rock: Reading Rewards: Starts June 25~Read, complete bingo card and turn in for a reward
• Teens Rock: Read what you want and enter a weekly drawing
• SO MANY EVENTS FOR ALL AGES continue throughout the summer. Here are just a few: Truck Zoo: June 27, Sky Lab: June 29, Escape Room: July 9, RMSC: The Science of Music: July 11, Goats/Sheep: July 18
• Find all our summer events by going to our website, or stop by library or find us on Facebook
• Libraries Rock Summer Reading Finale: August 3 at 11:00 am

General Information
• All events are free and open to the public.
• Some programs require pre-registration.
• Stop by, call or go to our website: www.ontariopubliclibrary.org for more information and to register.
• Find us on Facebook.com/LibOnTheRidge

LIBRARY HOURS
Monday-Wednesday: 10:00 am - 8:00 pm
Thursday-Friday: 10:00 am - 6:00 pm
Saturday: 10:00 am - 1:00 pm
Closed Saturdays: June 23 - Labor Day Weekend
Ontario Friends of the Parks

Music in the Park

Thursday, June 21
STORIES IN SONG
Local artists perform songs that tell a story from past to present day
Strawberry Social

Thursday, July 5
FINGER LAKES SYMPHONY ORCHESTRA
Show tunes, Jazz and Patriotic Songs
Ice Cream Social

Thursday, July 19
HALL PASS
Great sounds of the 80’s
Ice Cream Social

Thursday, August 2
ROCHESTER METROPOLITAN JAZZ ORCHESTRA
Traditional Jazz with Big Band sound
Ice Cream Social

Concerts are FREE!
7:00-8:30 pm at Casey Park
Rain location: Community Center Gym

Bring a lawn chair and enjoy!

Summer Sendoff Craft Show
Saturday, August 25
2:00-6:00 pm
Casey Park
6551 Knickerbocker Rd. Ontario

Fun for the whole family
Live Music  Cruise-In
Food Truck Rodeo  Kids Activities

Some vendor spaces are still available.
Get applications or register online at www.ontariotown.org
Fee: $20.00/booth
Call 315.524.7020 for more information

FAMILY FUN NIGHT AT THE PARK
Enjoy a fall evening at the park with the family while we help you get in the mood for Halloween. We will be carving pumpkins which will be placed outside for a pumpkin trail that will lead us to a destination for spooky stories and a snack. All necessities will be supplied but we encourage you to bring your own favorite carving tools. Pumpkins will go home with you at the conclusion of the evening. Registration is required to participate in this family event you won’t want to miss!!

WHO: Open to all families
WHEN: Sunday, October 14
TIME: 4:00 - 6:30 pm
WHERE: Adult Activity Center
FEE: Free to members; $10.00 per family for non-members

SUCCESS SCHOOL OF DRIVING
By actively participating in, and completing this Pre-licensing Course offered through the Success School of Driving, students will learn safe driving skills and have the potential to improve their driving behavior by learning to share the road courteously and safely. This 5-hour course is mandatory in order to register for the road test. Laminated photo and pre-registration is required. Call 315.524.7447 for more information.

WHO: Drivers w/a valid learner’s permit (laminated photo)
WHEN: Wed. & Thurs.: July 11 & 12; or Aug. 1 & 2 @ 6:00-8:30 pm
Thursdays: September 6 @ 4:00-9:00 pm
WHERE: Adult Activity Center
FEE: $40.00
Ontario Summer Send Off
Saturday, August 25
at Casey Park

Craft Show 2 - 6pm
Children’s Activities 3 - 6pm
Cruise-In 3 - 7pm
Food Truck Rodeo 3 - 8pm

Live Music all day
Evening Concert with Main Street East 7 - 9 pm
FIREWORKS at dusk

6551 Knickerbocker Rd.  315.524.7447 or 315.524.7020   www.ontariotown.org